# Retail **Product** Catalogue

# ARTISAN FOOD AND DRINKS

WINTER 2024 v 2 Last updated: 6/6/24

# PART 1 - CHEFS CHOICE & KURA



Phone: (08) 9227 5638 Visit: 71 Collingwood Street, Osborne Park, Perth, WA 6017 Virtual: www.artisan-foods.com Email: info@artisan-foods.com

\*Some prices will take affect 1/7/24



## **NEW PRODUCTS**



#### Chef's Choice Hickory Liquid Smoke 100mL

CODE: SMOKE02 EAN13: 9339337308970 ITF14: 19339337308977 DIMENSION: (L)4 x (H)17 cm BOX QTY.: 12 units

Chef's Choice Liquid Smoke Hickory is vegan, gluten-free, ensuring a wholesome experience for all. Elevate your culinary with the instant infusion of authentic smoke flavour and aroma that brings to the table.







Chef's Choice Hickory Liquid Smoke 500mL

EAN13: 9339337308987 ITF14: 19339337308984 DIMENSION: (L)6 x (H)18 cm BOX QTY.: 9 units

Chef's Choice Liquid Smoke Hickory is vegan, gluten-free, ensuring a wholesome experience for all. Elevate your culinary with the instant infusion of authentic smoke flavour and aroma that brings to the table.



\$7.81









CODE: KJP047 EAN13: 9339337309120 ITF14: 19339337309127 DIMENSION: (L)7.5 x (W)15.8 x (H)22.5 cm BOX QTY.: 10 units

fry with ease and delicious desire.



\$5.33

#### CODE: SMOKE03



#### Colgin Hichory Liquid Smoke 3.78L

CODE: SMOKE01 EAN13: 071053001016 ITF14: -

DIMENSION: (L)15.5 x (H)29.5 cm

BOX QTY.: 4 units

Chef's Choice Liquid Smoke Hickory is vegan, gluten-free, ensuring a wholesome experience for all. Elevate your culinary with the instant infusion of authentic smoke flavour and aroma that brings to the table.



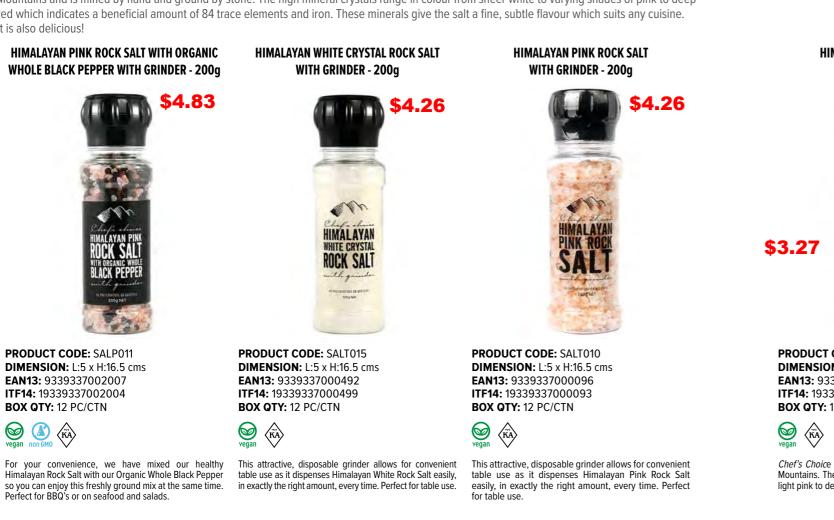
\$40.00

#### Chef's Choice Japanese Karaage Mix Seasons Flour 500g

Kura Karaage Seasoned Flour Mix is uniquely crafted in Australia with NO MSG, making the perfect component for your make at home Japanese Karaage fried chicken or your favourite fried varieties of vegetables, tofu, seafood - whatever your heart may please! Simply mix the flour with water, coat, and

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Himalayan salt has no preservatives or additives and is processed without harsh chemicals. This pure salt is found deep inside the pristine Himalayan Mountains and is mined by hand and ground by stone. The high mineral crystals range in colour from sheer white to varying shades of pink to deep red which indicates a beneficial amount of 84 trace elements and iron. These minerals give the salt a fine, subtle flavour which suits any cuisine. It is also delicious!



HIMALAYAN PINK FINE SALT WITH SPRINKLER 200g

\$3.98

PLASTIC BAG - 300g \$3.27



PRODUCT CODE: SALT011 DIMENSION: L:5 x H:14.5 cms EAN13: 9339337001253 ITF14: 19339337001250 BOX QTY: 12 PC/CTN

PRODUCT CODE: SALT008 DIMENSION: L:10 x W:4.5 x H:20.5 cms EAN13: 9339337000010 ITF14: 19339337000017 BOX QTY: 15 PC/CTN

Chef's Choice Himalayan Pink Fine Salt is pure, hand mined salt found naturally deep inside the pristine Himalayan Mountains. The high mineral level of this salt is evident through the varying shades of the crystals, which range from light pink to deep red. The beneficial minerals make this salt have a fine, mellow and subtle flavour to suit any cuisine.

HIMALAYAN PINK ROCK SALT PLASTIC BAG - 300g

**HIMALAYAN PINK ROCK SALT PLASTIC BAG - 1kg** 



PRODUCT CODE: SALT009 DIMENSION: L:10 x W:5 x H:20 cms EAN13: 9339337001024 ITF14: 19339337001021 BOX QTY: 15 PC/CTN

PRODUCT CODE: SALT035 DIMENSION: L:16 x W:7.5 x H:23 cms EAN13: 9339337004803 ITF14: 19339337004800 BOX QTY: 10 PC/CTN

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*Chef's Choice* Himalayan Pink Rock Salt is pure, hand mined salt found naturally deep inside the pristine Himalayan Mountains. The high mineral level of this salt is evident through the varying shades of the crystals, which range from light pink to deep red. The beneficial minerals make this salt have a fine, mellow and subtle flavour to suit any cuisine.



**CHEF'S CHOICE - SALT & PEPPER** 

## **HIMALAYAN PINK FINE SALT**



#### **HIMALAYAN PINK FINE SALT** PLASTIC BAG 1kg





PRODUCT CODE: SALT033 DIMENSION: L:16 x W:7.5 x H:23 cms EAN13: 9339337004810 ITF14: 19339337004817 BOX QTY: 10 PC/CTN







#### **ALL NATURAL** HIMALAYAN PINK SALT FLAKES



## 180g (PLASTIC BAG)

PRODUCT CODE: SALTFLK009U **DIMENSION:** L:13 x W: 5.5 x H:18 cms EAN13: 9339337304910 ITF14: 19339337304917 \$14.13 BOX QTY: 10 PC/CTN

#### 500g (CONTAINER)

PRODUCT CODE: SALTFLK010U DIMENSION: L:12 x H:15.2 cms EAN13: 9339337304927 ITF14: 19339337304924 BOX QTY: 6 PC/CTN



Chef's Choice All Natural Himalayan Pink Salt Flakes are natural pink pyramid-shaped crystals loaded with flavour. This delicate gourmet flake provides a delicate crunch making it ideal for seasoning, cooking, roasting, baking or as a garnish. Perfect for all types of seafood as well as meats, salads and vegetables.

ALL NATURAL **BLACK SEA SALT FLAKES** 

### \$7.60



180g (PLASTIC BAG) PRODUCT CODE: SALTFLK002U \$14.13 DIMENSION: L:13 x W: 5.5 x H:18 cms EAN13: 9339337010453 ITF14: 19339337010450 BOX QTY: 10 PC/CTN

500g (CONTAINER) PRODUCT CODE: SALTFLK006U DIMENSION: L:12 x H:15.2 cms EAN13: 9339337301179 ITF14: 19339337301176 BOX QTY: 6 PC/CTN

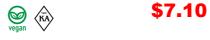


Chef's Choice All Natural Black Sea Salt Flakes are natural Mediterranean sea salt flakes enriched with activated charcoal. Use black sea salt flakes both as a garnish or a roasting salt to enhance the flavour and look to any dish. Perfect for all types of seafood as well as meats, salads, fries and vegetables.

NATURALLY HARVEST **CELTIC SEA SALT 500g** 



PRODUCT CODE: SALT014 DIMENSION: L:14.5 x W:7 x H:21 cms EAN13: 9339337308796 ITF14: 19339337308793 BOX QTY: 10 PC/CTN



flavours can be used for elevating your dishes.

Chef's Choice Celtic Sea Salt it is a premium hand-harvested sea salt, with a natural grey colour and rich in minerals. With a coarse texture, and gentle briny



and vegetables.

#### **PYRAMID SALT FINE FLAKES** PLASTIC BAG - 1kg



PRODUCT CODE: SALT007 DIMENSION: L:10.5 x H:27 cms EAN13: 9339337309014 ITF14: 19339337309011 BOX QTY: 10 PC/CTN



Chef's Choice All Natural pyramid-shaped crystals are harvested from the Mediterranean Sea. This delicate gourmet flake provides a delicate crunch making it ideal for seasoning, cooking, roasting, baking or as a garnish. Perfect for all types of seafood as well as meats, salads

CHEF'S CHOICE - SALT & PEPPER 4



**CERTIFIED ORGANIC WHOLE BLACK PEPPER** WITH GRINDER - 100g

**CERTIFIED ORGANIC WHOLE BLACK PEPPER** -PLASTIC BAG 120g

**CERTIFIED ORGANIC WHOLE WHITE PEPPER** WITH GRINDER - 120g

**CERTIFIED ORGANIC BLACK PEPPER CRACKED** WITH SPRINKLER 100g

#### **ALL NATURAL WHOLE BLACK PEPPERCORNS -**PLASTIC BAG 380g



PRODUCT CODE: PEP003 DIMENSION: L:5 x H:16.5 cms EAN13: 9339337002014 ITF14: 19339337002011 BOX QTY: 12 PC/CTN





PRODUCT CODE: PEP005 **DIMENSION:** L:10 x W:4.5 x H:20.5 cms EAN13: 9339337004063 ITF14: 19339337004060 BOX QTY: 15 PC/CTN



*Chef's Choice* Organic Whole Black Pepper has a sharp penetrating aroma and a woody characteristic. It is hot with a bite and can add flavour and aroma to any exotic dish. It can also be used in spice blends, salad dressings and sauces. Enjoy this premium quality hand picked organic pepper freshly ground over any dish you desire.



PRODUCT CODE: PEP006 DIMENSION: L:5 x H:16.5 cms EAN13: 9339337307614 ITF14: 19339337307611 BOX QTY: 12 PC/CTN

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It has a sharp yet earthy flavour to give your dishes some wholesome character! White pepper is pickled and processed differently from black pepper, providing a hearty and musty flavour whilst still giving a sharp kick. Enjoy this premium quality whole white pepper over all your dishes!



PRODUCT CODE: PEP008 DIMENSION: L:5 x H:14.5 cms EAN13: 9339337004261 ITF14: 19339337004268 BOX QTY: 12 PC/CTN



Our organic black pepper is produced from black immature peppercorns that have been finely crushed to give the texture of coarse ground black pepper.



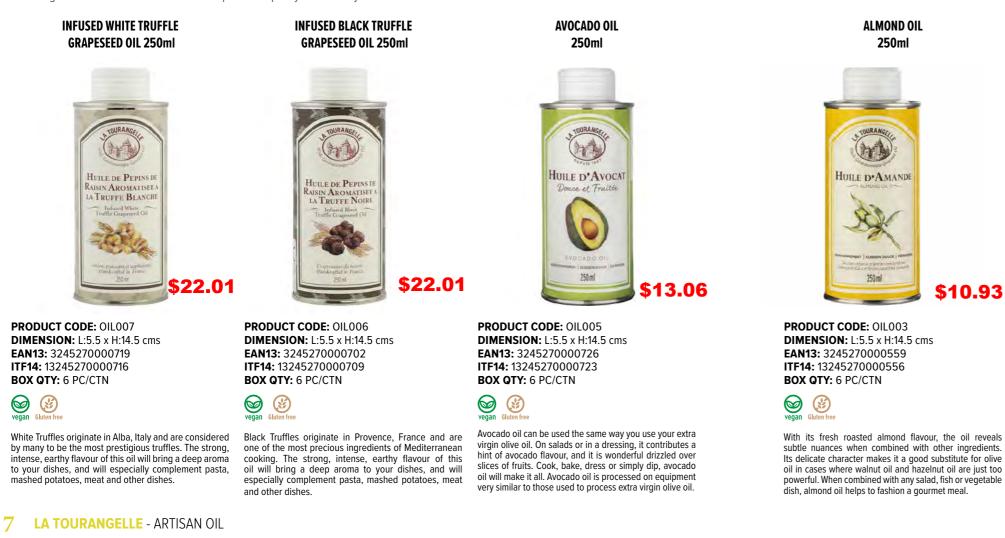
PRODUCT CODE: PEP014 DIMENSION: L:11 x W:7 x H:21 cms EAN13: 9339337008108 ITF14: 19339337008105 BOX QTY: 10 PC/CTN

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Whole Black Peppercorn has a sharp yet earthy flavour to give your dishes some wholesome character! White pepper is pickled and processed differently from black pepper, providing a hearty and musty flavour whilst still giving a sharp kick. Enjoy this premium quality whole black pepper over all your dishes!



The production of gourmet oils is a time-honoured tradition in France. Originally, each village had a mill which roasted and extracted the oil from nuts gathered by local farmers. These delicious oils were used in hearty rustic fare and were also found in Paris' finest restaurants. La Tourangelle is one of just a handful of these remaining mills that keep this tradition alive. Through a partnership between one of the oldest and most respected French artisanal oil mills, Huilerie Croix Verte SAS from Saumur, France, and California Oils Corporation, La Tourangelle has succeeded in recreating the spirit of a traditional French oil mill in Woodland, California. Hand-crafting a wide range of delicious artisan oils in both California and France, La Tourangelle distributes an exclusive line of premium quality oils in many countries around the world.



PUMPKIN SEED OIL 250ml

#### **ROASTED WALNUT OIL** 250ml

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250 ml



PRODUCT CODE: OIL008 DIMENSION: L:5.5 x H:14.5 cms EAN13: 3245270000764 ITF14: 13245270000761 BOX QTY: 6 PC/CTN

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Slowly roasted to perfection, expeller-pressed and lightly filtered, this oil adds a rich nutty taste to cold application as salad dressing, drizzle in pasta, spreads.

PRODUCT CODE: OIL001

EAN13: 3245270000535

ITF14: 13245270000532

BOX QTY: 6 PC/CTN

HAZELNUT OIL 250ml HUILE DE NOISETTE oastee

PRODUCT CODE: OIL002 DIMENSION: L:5.5 x H:14.5 cms EAN13: 3245270000504 ITF14: 13245270000501 BOX QTY: 6 PC/CTN

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\$10.93

It is slowly roasted, expeller-pressed, and lightly filtered for a balanced, nutty flavour. This tempting oil makes a great addition to your salad dressings, baked goods, or as a finishing drizzle on all your dishes. La Tourangelle Roasted Hazelnut melts with any flavors and gives a festive, unique touch to your meal, transforming the ordinary into extra-ordinary.



DIMENSION: L:5.5 x H:14.5 cms

This versatile treasure is delicate and pale in color, with a rich yet elusively nutty taste that has the delicacy of walnut nutmeats without the heaviness or bitterness. It is easy to use in baking, vinaigrette dressings, and every day cooking. Substitute for vegetable oil in your favorite brownie mix or add some magic to your banana bread! Plus, walnut oil is a delicious plant-based source of Omega-3 fatty acid!



250 ml



**CERTIFIED ORGANIC** EXTRA VIRGEN OLIVE OIL 3L



PRODUCT CODE: OIL034 DIMENSION: L:15 x W:9.2 x H:26 cms EAN13: 9339337302695 ITF14: 19339337302692 BOX QTY: 4 PC/CTN



Three Olives Certified Organic Extra Virgin Olive Oil is produced from organically grown and hand picked Mediterranean olives and has an earthy, mild, delicious fruity flavour and aroma. Perfect for everyday use and also ideal for dips, grilling or drizzling over salad, meat, fish or vegetables.

\$70.93

**GRAPESEED OIL** 1L

5L



\$60.63





PRODUCT CODE: OIL024 DIMENSION: L:7.5 x W:8 x H:25 cms EAN13: 9339337003738 ITF14: 19339337003735 BOX QTY: 6 PC/CTN

PRODUCT CODE: 0IL025 DIMENSION: L:14 x W:14 x H:35 cms EAN13: 9339337003745 ITF14: 19339337003742 BOX QTY: 3 PC/CTN



Chef's Choice 100% Pure Grapeseed Oil has a neutral flavour, which allows the flavours of anything you are preparing shine through. Great for stir-frying, deep-frying, baking and salad dressings.

> ALL NATURAL AVOCADO COOKING OIL 1L \$18.39



PRODUCT CODE: OIL030 DIMENSION: L:7.3 x H:34 cms EAN13: 9339337308482 ITF14: 19339337308489 BOX QTY: 6 PC/CTN

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Chef's Choice Avocado Cooking Oil. With its high smoke point and heart-healthy benefits, it's ideal for sautéing, grilling, and dressing.Elevate your culinary creations and savor the natural essence of avocados in every bite.

9 CHEF'S CHOICE - OIL

#### **GRAPESEED OIL**



FFD OIL





Chef's Choice has developed an exciting new line of vinegars and mustards in the tradition of the great French gastronomes. This prestigious range of gourmet products will excite even the most discerning gourmet. Using only the freshest and most aromatic of ingredients, Chef's Choice has taken flavours from natures most basic items - from plants to spices and fruits. They have combined these flavours to create a diverse array of tantalizing cooking condiments which have become essential items for the professional kitchen. Several great cooking minds have come together to produce these high quality vinegars, resulting in silky texture of the purest taste, suited to a range of meals, used as a meat spreads or in vinaigrettes and seasonings.





PREMIUM FRENCH

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## PREMIUM FRENCH





**PREMIUM FRENCH TARRAGON VINEGAR** 



\$25.06

#### 500ml

PRODUCT CODE: VINEG042 DIMENSION: L:6.5 x H:27 cms EAN13: 9339337000102 ITF14: 19339337000109 BOX QTY: 6 PC/CTN 5L

PRODUCT CODE: VINEG066 DIMENSION: L:18 x W:13 x H:29 cms EAN13: 9339337000393 ITF14: 19339337000390 BOX QTY: 2 PC/CTN



#### **PREMIUM ITALIAN** WHITE BALSAMIC VINEGAR



PRODUCT CODE: VINEG079 \$22.44 DIMENSION: L:6.5 x H:27 cms EAN13: 9339337001260 ITF14: 19339337001267 BOX QTY: 6 PC/CTN

PRODUCT CODE: VINEG085 **DIMENSION:** L:19 x W:12 x H:30.5 cms EAN13: 9339337008177 ITF14: 19339337008174 BOX QTY: 2 PC/CTN



CHEF'S CHOICE - VINEGAR 12

PREMIUM SPANISH SHERRY VINEGAR



500ml PRODUCT CODE: VINEG027 \$47.71 DIMENSION: L:6.5 x H:27 cms EAN13: 9339337000140 ITF14: 19339337000147 BOX QTY: 6 PC/CTN

5L PRODUCT CODE: VINEG045

DIMENSION: L:18 x W:13 x H:29 cms EAN13: 9339337000331 ITF14: 19339337000338 BOX QTY: 2 PC/CTN



#### **PREMIUM FRENCH APPLE CIDER VINEGAR 5L**



PRODUCT CODE: VINEG047 DIMENSION: L:18 x W: 13 x H:29 cms EAN13: 9339337000386 ITF14: 19339337000383 \$21.16 BOX QTY: 2 PC/CTN



PREMIUM ITALIAN **BALSAMIC VINEGAR OF MODENA** 

## \$7.23



500ml \$20.59 PRODUCT CODE: VINEG043 DIMENSION: L:6.5 x H:27 cms EAN13: 9339337000126 ITF14: 19339337000123 BOX QTY: 6 PC/CTN

5L PRODUCT CODE: VINEG001U DIMENSION: L:18 x W:13 x H:29 cms EAN13: 9339337000409 ITF14: 19339337000406 BOX QTY: 2 PC/CTN

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ACETO BALSAMICO DI MODENA IGP



PRODUCT CODE: VINEG100 DIMENSION: L:8 x H:17.5 cms EAN13: 8032697840036 ITF14: 18016017001397 BOX QTY: 6 PC/CTN



This Balsamic Vinegar of Modena IGP is of high quality, with a full-bodied and velvety texture and an intense, balsamic scent of wood and cooked must. Its bittersweet, balanced flavour makes it a great dressing for fish and cheese dishes.

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EAN13: 8032697840012

ITF14: 18016017001403

BOX QTY: 6 PC/CTN

FIG GLAZE 150ml



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PRODUCT CODE: SAUCE004 DIMENSION: L:4 x H:17 cms EAN13: 9339337001376 ITF14: 19339337001373 BOX QTY: 6 PC/CTN

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Chef's Choice Fig Glaze is perfect for decorating your delicious recipes and can be used to flavour your dishes with the taste of pomegranate and Balsamic Vinegar of Modena. Use it on salads or vegetables, drizzled over meat and fish, or as a topping on desserts.

DIMENSION: L:4 x H:17 cms EAN13: 9339337001222 ITF14: 19339337001229 BOX QTY: 6 PC/CTN



Chef's Choice Truffle Glaze is perfect for decorating your delicious recipes and can be used to flavour your dishes with the earthy truffle flavour and Balsamic Vinegar of Modena. Use it as a glaze or sauce on salads or vegetables, cheeses, risottos, meat and chicken.

**GIOVANNA PAVAROTTI SILVER 250ml** \$17.04



#### ACETO BALSAMICO DI MODENA IGP **GIOVANNA PAVAROTTI GOLD 250ml**

#### \$18.74



PRODUCT CODE: VINEG101 DIMENSION: L:8 x H:17.5 cms

#### **POMEGRANATE GLAZE** 150ml

\$6.53



PRODUCT CODE: SAUCE003 DIMENSION: L:4 x H:17 cms EAN13: 9339337006838 ITF14: 19339337006835 BOX QTY: 6 PC/CTN



Chef's Choice Pomegranate Glaze is perfect for decorating your delicious recipes and can be used to flavour your dishes with the taste of pomegranate and Balsamic Vinegar of Modena. Use it on salads or vegetables, drizzled over meat and fish, or as a topping on desserts

## **TRUFFLE GLAZE**

150ml





PRODUCT CODE: SAUCE025

CLASSIC GLAZE 150ml

\$6.11



PRODUCT CODE: SAUCE002 DIMENSION: L:4 x H:17 cms EAN13: 9339337001383 ITF14: 19339337001380 BOX QTY: 6 PC/CTN



Chef's Choice Classic Glaze with Balsamic Vinegar of Modena from Italy and is perfect for decorating your delicious recipes. It can be used to flavour your dishes with the balance of sweet and savoury flavour. Use it as a glaze or sauce on meat or fish, vegetables, or as a topping for ice creams and other desserts

CHEF'S CHOICE - BALSAMIC & GLAZE 14



Chef's Choice Premium Mustards can add exceptional flavour and texture to all your favourite foods. It can be used to marinate chicken, fish and pork and add spice to your burgers and wraps. Also excellent in mayonnaise, vinaigrette dressings and creamy sauces.

PREMIUM

**HOT ENGLISH MUSTARD 200g** 

\$4.03

ENGL MUSTARU

PRODUCT CODE: MUS-HOT-U

DIMENSION: L:6.7 x H:8.5 cms

EAN13: 9339337000508

ITF14: 19339337000505

BOX QTY: 12 PC/CTN



PREMIUM

FRENCH DIJON MUSTARD 200g

PRODUCT CODE: MUSTARD009 DIMENSION: L:6 x H:10.5 cms EAN13: 9339337000164 ITF14: 19339337000161 BOX QTY: 12 PC/CTN



PREMIUM FRENCH WHOLE GRAIN MUSTARD 200g

\$3.58



PRODUCT CODE: MUSTARD010 DIMENSION: L:6 x H:10.5 cms EAN13: 9339337000171 ITF14: 19339337000178 BOX QTY: 12 PC/CTN



**TRUFFLE MAYONNAISE** 115g

## \$7.81



PRODUCT CODE: ORGSAUCE022 DIMENSION: L:6.4 x H:7 cms EAN13: 9339337007347 ITF14: 19339337007344 BOX QTY: 6 PC/CTN

*Chef's Choice* Truffle Mayonnaise with Extra Virgin Olive Oil is smooth and has a creamy texture making it the ideal dip on fries, spread on burgers and sandwiches as well as meats, fishes, baked potatoes and vegetables.

> PREMIUM WHOLE GRAIN MUSTARD 5Kg

> > \$39.05



PRODUCT CODE: MUSTARD006 DIMENSION: L:22 x H:18 cms EAN13: 9339337000355 ITF14: 19339337000352 BOX QTY: 2 PC/CTN



PREMIUM **DIJON MUSTARD** 5Kg

\$39.05



PRODUCT CODE: MUSTARD004 DIMENSION: L:22 x H:18 cms EAN13: 9339337000348 ITF14: 19339337000345 BOX QTY: 2 PC/CTN







CHEF'S CHOICE - MUSTARD 16



Chef's Choice Certified Organic Passatas are a superior tomato base made from the highest quality organic tomatoes and basil, hand picked and ripened under the beautiful Italian sun. The tomatoes are skinned, crushed and sieved to remove the seeds, leaving only the most succulent parts of the tomato. Passata is the key ingredient in many pasta sauces, and also makes an excellent base for pizzas, curries and soups.

**CERTIFIED ORGANIC DICED TOMATOES 400g** 



PRODUCT CODE: CANT002U DIMENSION: L:7.5 x H:11 cms EAN13: 9339337004704 ITF14: 19339337004701 \$1.85 BOX QTY: 12 PC/CTN

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It is prepared using fresh, sound, ripe tomatoes grown organically under the Italian sun. Diced into medium-small pieces and cooked in fresh organic tomato juice, they provide the perfect balance of acidity and sweetness in your recipes. Ready to add to your stews, pasta, salsa, sauces and more!

> **HICHORY LIQUID SMOKE** 100ml



PRODUCT CODE: CANT001U DIMENSION: L:7.5 x H:11 cms EAN13: 9339337004711 ITF14: 19339337004718 BOX QTY: 12 PC/CTN



It is prepared using fresh, sound, ripe tomatoes grown organically under the Italian sun. Handpicked and vineripened at the height of flavour and nutrients, they are carefully washed, assorted for quality and peeled. They are perfect for traditional Italian soups, stews, stir-fries, pizzas and salads.

> **HICHORY LIQUID SMOKE** 500ml



PRODUCT CODE: SMOKE02 DIMENSION: L:4 x H:17 cms \$4.26 EAN13: 9339337308970 ITF14: 19339337308977 BOX QTY: 12 PC/CTN

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PRODUCT CODE: SMOKE03 DIMENSION: L:6 x H:18 cms \$7.81 EAN13: 9339337308987 ITF14: 19339337308984 BOX QTY: 9 PC/CTN

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*Chef's Choice* Liquid Smoke Hickory is vegan, gluten-free, ensuring a wholesome experience for all. Elevate your culinary with the instant infusion of authentic smoke flavour and aroma that brings to the table.

Chef's Choice Liquid Smoke Hickory is vegan, glutenfree, ensuring a wholesome experience for all. Elevate your culinary with the instant infusion of authentic smoke flavour and aroma that brings to the table.

#### **CERTIFIED ORGANIC WHOLE PEELED** TOMATOES 400g



#### **CERTIFIED ORGANIC** WHOLE CHERRY TOMATOES 400g



PRODUCT CODE: CANT003U DIMENSION: L:7.5 x H:11 cms EAN13: 9339337004872 ITF14: 19339337004879 BOX QTY: 12 PC/CTN

\$2.56



It is prepared using fresh, sound, ripe tomatoes grown organically under the Italian sun. With a succulent and defining flavour, these tomatoes are perfect for soups, pastas, stews and pizzas and more. Definitely a must-have in every kitchen pantry



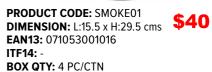
#### **HICHORY LIQUID SMOKE** 3.78LT (1 GAL)

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SMOKE

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Liquid Smoke Hickory is vegan, gluten-free, ensuring a wholesome experience for all. Elevate your culinary with the instant infusion of authentic smoke flavour and aroma that brings to the table.

CHEF'S CHOICE - TOMATO RANGE 18



HIMALAYAN PINK ROCK SALT WITH CRUSHED **CHILLI WITH GRINDER 160g** 



PRODUCT CODE: SALT024 DIMENSION: L:5 x H:16.5 cms EAN13: 9339337003318 ITF14: 29339337003312 BOX QTY: 12 PC/CTN



This superb chilli salt that offers a balanced blend of chillies and salt that can add real flavour to your cooking and meals. A must for any chilli-fan and a perfect way to immerse yourself in the beauty of chillies as you can use as much or as little as you like on anything at all.

HIMALAYAN PINK ROCK SALT WITH **LEMON ZEST WITH GRINDER 150g** 

\$4.83 Th HIMALAYAN PINK Rock Salt with EMON

PRODUCT CODE: SALT031 DIMENSION: L:5 x H:16.5 cms EAN13: 9339337004124 ITF14: 29339337004128 BOX QTY: 12 PC/CTN



It is a sophisticated combination of lemon zest and pink rock salt. It has a delicate aroma, offering a slight tang which is sure to add depth to the flavours you enjoy this with. It is a great way to finish off roast potatoes, crispy chicken, pastas and roasts!

**HIMALAYAN PINK ROCK SALT WITH ROASTED GARLIC WITH GRINDER 160g** 



PRODUCT CODE: SALT027 DIMENSION: L:5 x H:16.5 cms EAN13: 9339337004131 ITF14: 29339337004135 BOX QTY: 12 PC/CTN



It s a staple fusion of natural rock salt with real roasted garlic. The hearty flavour of the garlic is a perfect compliment to most dishes, adding an explosive layer of flavour to your seafood, poultry, meat and vegetables.

HIMALAYAN PINK ROCK SALT WITH FOUR SEASONS MIX PEPPER WITH GRINDER 180g

SEASO

IX PEPPE

## \$4.83

PRODUCT CODE: SALP012

EAN13: 9339337003158

ITF14: 29339337003152

BOX QTY: 12 PC/CTN

DIMENSION: L:5 x H:16.5 cms

\$4.83



PRODUCT CODE: SALT057 DIMENSION: L:5 x H:16.5 cms EAN13: 9339337307522 ITF14: 19339337307529 BOX QTY: 12 PC/CTN



It is a delightful combination of black, white, pink and green peppercorns combined with our brilliant Himalayan pink rock salt. It creates an enchanting flavour that matches anything from barbeques to fresh seafood and is a versatile seasoning.

It is a beautiful twist to your regular salt and pepper combo that pairs with all dishes. Pink peppercorns have the same peppery bite, but only wrapped in a slightly fruity flavour, reminiscent of a berry with an attitude! This salt and pink peppercorn blend seasons all your favourite meals oh so perfectly!

#### **HIMALAYAN PINK ROCK SALT WITH PINK PEPPERCORNS WITH GRINDER 170g**

#### HIMALAYAN PINK ROCK SALT WITH DRIED **PREMIUM PORCINI WITH GRINDER 140g**



\$4.83 HIMALAYAN PINK Rock Salt with PORCINI

PRODUCT CODE: SALT029 DIMENSION: L:5 x H:16.5 cms EAN13: 9339337004148 ITF14: 29339337004142 BOX QTY: 12 PC/CTN



It is an intensely aromatic finishing salt with high quality porcini mushrooms. The distinct scent of porcini mushrooms greets you when you grind this over a dish, and the concentrated flavour and aroma of the mushrooms will spread to your taste buds. It is excellent with risottos, soups, pastas and to accompany a barbecue of meats and seafoods!



Chef's Choice seasoning range are produced with premium salts and 100% all natural herbs and spices, all blended to perfection to bring the smells, tastes and flavours from different parts of the world to this product! With no fillers or preservatives added, these versatile seasonings are easy to use and can be used to marinate or be sprinkled on top whilst cooking. Perfect on poultry, seafood, pork, beef, lamb, vegetables and salad dishes these seasonings are sure to enhance any meals you to choose to prepare.

**AUSSIE STYLE SEASONING** 130g



PRODUCT CODE: SPICER003U DIMENSION: L:5 x H:14.5 cms EAN13: 9339337005640 ITF14: 19339337005647 BOX QTY: 12 PC/CTN



**AFRICAN PIRI PIRI STYLE SEASONING 110g** 



PRODUCT CODE: SPICER004U DIMENSION: L:5 x H:14.5 cms EAN13: 9339337005633 ITF14: 19339337005630 BOX QTY: 12 PC/CTN



SICILIAN STYLE SEASONING 110g

\$5.18



PRODUCT CODE: SPICER002U DIMENSION: L:5 x H:14.5 cms EAN13: 9339337005664 ITF14: 19339337005661 BOX QTY: 12 PC/CTN





110g

PRODUCT CODE: SPICER001U DIMENSION: L:5 x H:14.5 cms EAN13: 9339337005657 ITF14: 19339337005654 BOX QTY: 12 PC/CTN



#### MEDITERRANEAN STYLE SEASONING





HBC boasts the highest quality saffron in Australia and New Zealand based on international standards through laboratory testing. Saffron is considered the most expensive spice in the world, due to the extremely labour-intensive process involved in harvesting these fine threads. This musty, honey-flavoured spice is best used in small quantities, often becoming bitter when overused. Most commonly used in risottos and paellas, this beautiful spice is a staple ingredient for Middle Eastern and European dishes.



#### CARD

PRODUCT CODE: SAF-POW1CD DIMENSION: L:7 x H:10 cms EAN13: 9339337003653 ITF14: 19339337003650

#### BOX

DIMENSION: L:22 x W:15 x H:10 cms BOX QTY: 24 PC/CTN



LOVIN' BODY **SAFFRON THREADS 1g** 

\$4.97



PRODUCT CODE: LOVIN020 DIMENSION: L:3.7 x H:4.3 cms EAN13: 9339337307126 ITF14: 19339337307123 BOX QTY: 8 PC/CTN



SAFFRON THREADS ON CARD 0.5g



PRODUCT CODE: SAF0.5CD

DIMENSION: L:7 x H:10 cms EAN13: 9339337000669

KA

DIMENSION: L:22 x W:15 x H:10 cms

ITF14: 19339337000666

BOX QTY: 24 PC/CTN

BOX

## ON CARD 1g SAFFRON THREADS \$4.97 NET WT. 0.035 0Z

#### CARD

PRODUCT CODE: SAF1CD DIMENSION: L:7 x H:10 cms EAN13: 9339337003646 ITF14: 19339337003643

## BOX

DIMENSION: L:22 x W:15 x H:10 cms BOX QTY: 24 PC/CTN









PRODUCT CODE: SAF10 DIMENSION: L:6 x W:11 x H:2.5 cms EAN13: 9339337000997 ITF14: 19339337000994 BOX QTY: 12 PC/CTN



23 CHEF'S CHOICE - SAFFRON

SAFFRON THREADS





## CHEF'S CHOICE - SAFFRON 24



**100% PURE DUCK FAT** 300g





PRODUCT CODE: FG010 DIMENSION: L:8.2 x H:10.8 cms EAN13: 9339337307836 ITF14: 19339337307833 BOX QTY: 6 PC/CTN

non GMO Gluten free

**100% PURE GOOSE FAT** 300g

\$13.63



PRODUCT CODE: FG009 DIMENSION: L:8.2 x H:10.8 cms EAN13: 9339337307829 ITF14: 19339337307826 BOX QTY: 6 PC/CTN





**CUTTLEFISH INK** 90g

**CUTTLEFISH INK** 500g

## \$11.11



PRODUCT CODE: INK001 DIMENSION: L:5.7 x H:6 cms EAN13: 8427163479931 ITF14: 18427163022004 BOX QTY: 24 PC/CTN

PRODUCT CODE: INK002 DIMENSION: L:8.9 x H:12.1 cms EAN13: 842716475940 ITF14: 18427163415004 BOX QTY: 12 PC/CTN

Ink

Gluten fre S Nortindal's cuttlefish ink is ideal for seasoning dishes such as fish, rice, pasta, bread and croquettes. Its characteristic colour, as well as its texture and sea taste, makes our ink something unique within the world of cooking.

#### FILLETS OF ANCHOVY IN OLIVE OIL 48g

## \$3.88



PRODUCT CODE: ANCHOVY004 DIMENSION: L:2 x W:10 x H:5 cms EAN13: 810807520157 BOX QTY: 100 PC/CTN



These TALATTA Italian Anchovy Fillets in Pure Olive Oil are fresh off the Mediterranean fishing boats; within 24 hours of capture, they are hand-cleaned and washed in brine. High in omega-3 fatty acids, anchovies are a tasty part of a heart-healthy diet.

> ANCHOVY PASTE IN OLIVE OIL 60g

Cuttlefish ( NORTINDAL Net weight 500g(17.6 oz)

\$36.98

## \$3.43

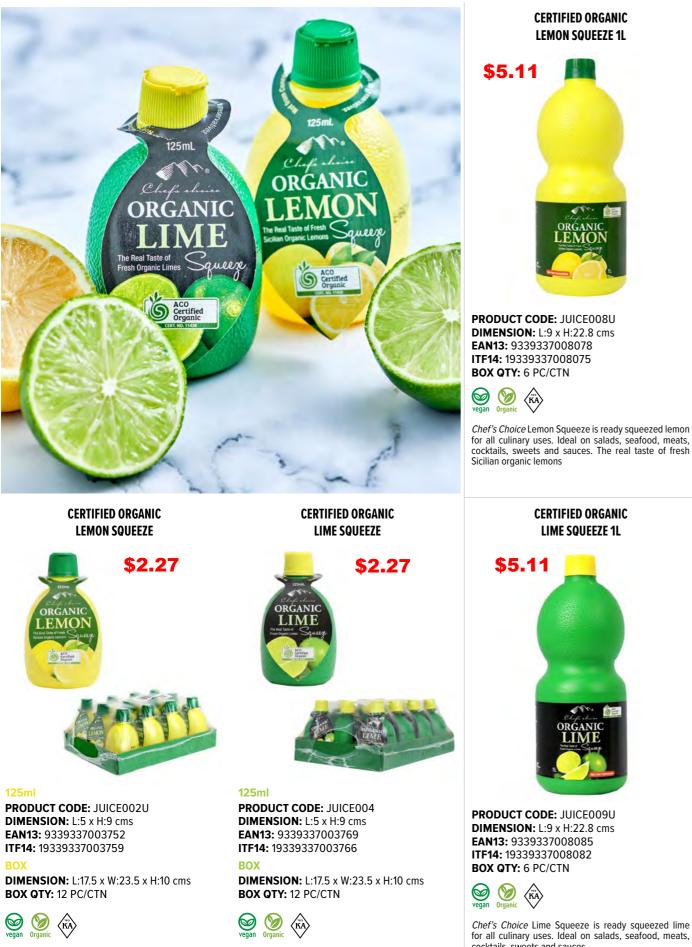


PRODUCT CODE: ANCHOVY002 DIMENSION: L:17 x W:4 x H:2.5 cms EAN13: 878266000511 BOX QTY: 48 PC/CTN



These delicious fish are caught during the peak of the season for plump, rose-colored anchovies. Rich in healthy omega-3 fatty acids, this anchovy paste is great for pizzas, sandwiches, sauces, stews, salad dressings, or to spread on steaks and cooked vegetables at the end of cooking.

TALATA / NORTINDAL - SEAFOOD 26



Ready squeezed lemon for all culinary uses. Ideal on salads, seafood, meats, cocktails, sweets and sauces. The real taste of fresh Sicilian organic lemons

Ready squeezed lime for all culinary uses. Ideal on salads, seafood, meats, cocktails, sweets and sauces. The real taste of fresh organic limes.



Chef's Choice Lime Squeeze is ready squeezed lime for all culinary uses. Ideal on salads, seafood, meats, cocktails, sweets and sauces.

ALL NATURAL PRESERVED LEMONS 350g

## \$5.40



PRODUCT CODE: LEMON003U DIMENSION: L:7.2 x H:12 cms EAN13: 9339337008726 ITF14: 19339337008723 BOX QTY: 12 PC/CTN



PRODUCT CODE: LEMON008U DIMENSION: L:15 x H:26.5 cms EAN13: 9339337303821 ITF14: 19339337303828 BOX QTY: 4 PC/CTN



Chef's Choice All Natural Preserved Lemons are used as a condiment in many Middle Eastern, North African and Moroccan dishes. The liquid and lemon peel can be used for cooking with meat, poultry, seafood, soups, stews, rice or salads. The salty, savoury, pickled taste adds depth into vegan dishes and can be used as a great alternative to anchovy.

#### PRESERVED LEMONS

3.2kg



#### **PREMIUM SELECTED DRIED & SLICED HANA DONKO SHIITAKE MUSHROOMS**



PRODUCT CODE: MUSH008 DIMENSION: L:13 x H:7.5 cms EAN13: 9339337007538 ITF14: 19339337007535 BOX QTY: 12 PC/CTN

#### 500a

PRODUCT CODE: MUSH006 DIMENSION: L:25.5 x W:11 x H:50 cms EAN13: 9339337006043 ITF14: 19339337006040 BOX QTY: 6 PC/CTN

Chef's Choice Premium Selected Hana Donko Shiitake Mushrooms – Dried & Sliced are flavourful and are one of the most popular gourmet mushroom varieties used. Add Shiitake Mushrooms to soups, stir fry dishes, rice dishes, casseroles and even grill with meats.

> **DRIED PORCINI MUSHROOMS** 500g



PRODUCT CODE: MUSH011 DIMENSION: L:30 x W:10 x H:40 cms EAN13: 9339337003455 ITF14: 19339337003452 \$62.48 BOX QTY: 6 PC/CTN



Dried Porcini is famous all over the world for its concentrated flavour and mouth-watering aroma that is a perfect addition to any risotto, soup or sauces. We have selected only the finest porcini mushrooms so that you can enjoy the 'King of Mushrooms' anytime and anywhere you desire.

#### **PREMIUM SELECTED DRIED & WHOLE HANA DONKO SHIITAKE MUSHROOMS**



\$27.75

PRODUCT CODE: MUSH035 DIMENSION: L:13 x H:7.5 cms EAN13: 9339337007545 ITF14: 19339337007542 BOX QTY: 12 PC/CTN

#### 500q

PRODUCT CODE: MUSH034 DIMENSION: L:30 x W:39.5 x H:10 cms EAN13: 9339337008054 ITF14: 19339337008051 BOX QTY: 6 PC/CTN

Chef's Choice Premium Selected Hana Donko Shiitake Mushrooms - Dried & Whole are flavourful and are one of the most popular gourmet mushroom varieties used. Add Shiitake Mushrooms to soups, stir fry dishes, rice dishes, casseroles and even grill with meats.

#### **PREMIUM SELECTED PORCINI MUSHROOM POWDER**



35a PRODUCT CODE: MUSH016 DIMENSION: L:4.5 x H:11.5 cms EAN13: 9339337000430 ITF14: 19339337000437



Chef's Choice Porcini Powder are secret weapons in the kitchen. It's an almost instant way to add an incredible depth of earthy flavour to meats, veggies, soup, and stir fry and just about everything in between.

**DRIED MIXED FOREST MUSHROOMS** 20g

**DRIED MIXED FOREST MUSHROOMS** 500g

## \$4.62



PRODUCT CODE: MUSH009 DIMENSION: L:9 x W:9 x H:5 cms EAN13: 9339337003011 ITF14: 29339337003015 BOX QTY: 6 PC/CTN

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These marvellous mushrooms with a pleasant aroma and flavour can be added to almost any dish, delivering a strong flavour base and enticing taste. For the best results, add to cream soups, stews and risottos to experience the irresistible taste of this fine French delicacy.

**PREMIUM SELECTED DRIED MOREL MUSHROOMS 10q** 

**PREMIUM SELECTED DRIED MOREL MUSHROOMS 40**g

EAN13: 9339337003462

ITF14: 19339337003469

(%)

BOX QTY: 6 PC/CTN

\$8.20

\$31.16



DIMENSION: L:9 x W:9 x H:5 cms EAN13: 9339337006845 EAN13: 9339337006852 ITF14: 29339337006849 ITF14: 19339337006859 BOX QTY: 6 PC/CTN BOX QTY: 12 PC/CTN

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Morel mushrooms are an earthy, delicate and highly-prized mushroom with a beautiful honeycomb cap and light, fawn-coloured stem. Once rehydrated, they have an amazing texture and flavour and are perfect for pasta dishes, risottos, stews, omelettes or stuffing.

**DRIED PORCINI MUSHROOMS** 

20g

\$4.76

PRODUCT CODE: MUSH013

EAN13: 9339337003004

ITF14: 29339337003008

BOX QTY: 6 PC/CTN

DIMENSION: L:9 x W:9 x H:5 cms



PRODUCT CODE: MUSH012 DIMENSION: L:30 x W:10 x H:40 cms





DIMENSION: L:13 x H:7.5 cms

#### **PREMIUM SELECTED** DRIED CHANTERELLE MUSHROOMS



20a

\$51.40 PRODUCT CODE: MUSH018 DIMENSION: L:9 x W:9 x H:5 cms EAN13: 9339337001017 ITF14: 29339337001011 BOX QTY: 6 PC/CTN

500g PRODUCT CODE: MUSH021 DIMENSION: L:10 x W:30 x H:40 cms EAN13: 9339337007910 ITF14: 19339337007917 BOX QTY: 6 PC/CTN



The flavour and aroma of Dried Chanterelle Mushrooms are an excellent complement to meat, shellfish, and omelettes. Used in a wide variety of soups, cream sauces and pastas, they are best cooked with limited seasonings so the delicious flavour can be fully enjoyed.

#### **PREMIUM SELECTED DRIED MOREL MUSHROOMS 500g**



PRODUCT CODE: MUSH004 DIMENSION: L:25.5 x W:11 x H:50 cms EAN13: 9339337006876 ITF14: 19339337006873 BOX QTY: 6 PC/CTN



PRODUCT CODE: VEG016 DIMENSION: L:7.2 x H:12.4 cms EAN13: 9339337305948 ITF14: 19339337305945 BOX QTY: 6 PC/CTN



*Chef's Choice* Baby Artichoke Hearts are firm and amongst the tastiest artichokes you will ever try. Cut them into quarters and add them to your favourite an antipasti platter. salads, pizzas or antipasti platter.

MEDITERRANEAN

**BABY ARTICHOKE HEARTS 200g** 

\$5.82

PRODUCT CODE: VEG014 DIMENSION: L:7.2 x H:12.4 cms EAN13: 9339337305955 ITF14: 19339337305952 BOX QTY: 6 PC/CTN



Chef's Choice Mediterranean Wild Olives are small and tender making it perfect for salads, sauces or as part of



MEDITERRANEAN

WILD OLIVES 280g



SEMI-SUNDRIED CHERRY TOMATOES 280g

No

HERRY

PRODUCT CODE: VEG012

EAN13: 9339337305924

ITF14: 19339337305921

BOX QTY: 6 PC/CTN

cherry tomatoes.

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DIMENSION: L:7.2 x H:12.4 cms

Chef's Choice Semi-Sundried Cherry Tomatoes is produced using sweet, delicious soft tomatoes marinated in oil and garlic. Over 600g of cherry tomatoes are used to make 100g of semi-sundried

MEDITERRANEAN

\$5.11

MEDITERRANEAN

## **GRILLED GARLIC 200g**



PRODUCT CODE: VEG013 DIMENSION: L:7.2 x H:8.4 cms EAN13: 9339337305962 ITF14: 19339337305969 BOX QTY: 6 PC/CTN



*Chef's Choice* Mediterranean Grilled Garlic is delicious and can be eaten straight out of the jar, used as a marinade or sliced thinly over salads, seafood, chicken or any recipes calling for loads of garlic!

MEDITERRANEAN FRESH HARISSA 200g

## \$3.83



PRODUCT CODE: VEG015 DIMENSION: L:7.2 x H:8.4 cms EAN13: 9339337305986 ITF14: 19339337305983 BOX QTY: 6 PC/CTN



*Chef's Choice* Fresh Harissa is easy to use and very versatile. Perfect for dips, salsas, as a marinade or on roasted vegetables.





**CAPERBERRIES SMALL IN VINEGAR** 240g



PRODUCT CODE: CAPER006 DIMENSION: L:4.2 x H:12.5 cms EAN13: 9339337003523 ITF14: 19339337003520 BOX QTY: 12 PC/CTN



**CAPERS WITH SALT NON PAREILLES** 





PRODUCT CODE: CAPER001 DIMENSION: L:4.2 x H:12.5 cms EAN13: 9339337003554 ITF14: 19339337003551 BOX QTY: 12 PC/CTN



Chef's Choice Capers Non Pareilles (5-7mm) with Salt is preserved carefully in salt so that the true flavour of the caper is retained. While having a punch, they are still subtle enough so that they do not over power the flavour of the dish you use them with. They are a great addition to salads, pizzas and pasta or to use simply as a garnish for any dish.

#### **CAPERBERRIES SMALL IN VINEGAR** 950g

\$7.88 ST.

PRODUCT CODE: CAPER007 DIMENSION: L:15 x H:26.5 cms EAN13: 9339337003530 ITF14: 19339337003537 BOX QTY: 6 PC/CTN



*Chef's Choice* Caperberries Small in Vinegar are a wonderful addition to your antipasti platter! Although caperberries are the fruit of the caper bush, they are larger in size and milder in flavour than capers. This allows you to add subtle and delicate flavours to your dishes that will be just delicious!

**CAPERS LILLIPUT IN VINEGAR** 110g





ser. CAPERS IN VINEGAR

PRODUCT CODE: CAPER004 DIMENSION: L:4.2 x H:12.5 cms EAN13: 9339337003684 ITF14: 19339337003681 BOX QTY: 12 PC/CTN

PRODUCT CODE: CAPER005 DIMENSION: L:15 x H:26.5 cms EAN13: 9339337003691 ITF14: 19339337003698 BOX QTY: 6 PC/CTN



Chef's Choice Capers Lilliput (3-6mm) in Vinegar are superb pods of flavour that are delicious! Being such a versatile addition to many dishes, they are perfect for salads, sauces and stuffings for any occasion.

GREEN PEPPERCORNS IN V 110g	/INEGAR F
\$3.41	
REEN PEPPERNAN TOPHET	



PRODUCT CODE: CAPER009 DIMENSION: L:4.2 x H:12.5 cms EAN13: 9339337003561 ITF14: 19339337003568 BOX QTY: 12 PC/CTN



Chef's Choice Green Peppercorns in Vinegar have a good peppery arona and flavour but is still delicate. It has great balance with the vinegar that they are immersed in. The flavours are enhanced, which means that they are a great addition to your warm sauces!



PRODUCT CODE: CAPER008 DIMENSION: L:4.2 x H:12.5 cms EAN13: 9339337003578 ITF14: 19339337003575 BOX QTY: 12 PC/CTN



Chef's Choice Pink Peppercorns in Vinegar have a distinct peppery flavour that is well balanced with the vinegar that they are immersed in. They are used as a spice, which can be paired well with seafood and in light sauces due to their pretty colour and delicate flavour.

#### **CAPERS LILLIPUT IN VINEGAR**

950g



#### INK PEPPERCORNS IN VINEGAR 110g





\$3.83



PRODUCT CODE: VEG008 DIMENSION: L:7.9 x H:9.8 cms EAN13: 9339337305207 ITF14: 19339337305204 BOX QTY: 6 PC/CTN



Chef's Choice Certified Organic Celery Salad is crunchy, and ready to eat. Perfect as a tasty side dish served with salads, grilled vegetables or hot dogs.

35 CHEF'S CHOICE - FERMENTED VEGETABLES

**CERTIFIED ORGANIC RED CABBAGE 350g** 

\$3.83





ORGANIC

CERTIFIED

**RED CABBAGE** 

**CERTIFIED ORGANIC** 

**BEAN SPROUTS 330g** 

\$3.83

ORGANIC

CERTIFIED

BEAN SPROUTS

Chef's Choice Certified Organic Bean Sprouts is ready

PRODUCT CODE: VEG005

EAN13: 9339337305238

ITF14: 19339337305235

to eat. Perfect for salads and more.

BOX QTY: 6 PC/CTN

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DIMENSION: L:7.9 x H:9.8 cms

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\$3.83



**CERTIFIED ORGANIC** 

**BEETROOT SLICES 340g** 

PRODUCT CODE: VEG003 DIMENSION: L:7.9 x H:9.8 cms EAN13: 9339337305245 ITF14: 19339337305242 BOX QTY: 6 PC/CTN

Chef's Choice Certified Organic Beetroot Slices are delicious and delicately sweetened with agave syrup. Perfect for burgers and salads.

> **CERTIFIED ORGANIC GARDEN PEAS 350g**

> > \$3.83



PRODUCT CODE: VEG001 DIMENSION: L:7.9 x H:9.8 cms EAN13: 9339337305412 ITF14: 19339337305419 BOX QTY: 6 PC/CTN



Chef's Choice Certified Organic Garden Peas is ready to eat. Perfect for cooking and in salads.

**CERTIFIED ORGANIC** SWEET CORN 350g

## \$3.83



PRODUCT CODE: VEG002 DIMENSION: L:7.9 x H:9.8 cms EAN13: 9339337305214 ITF14: 19339337305211 BOX QTY: 6 PC/CTN



Chef's Choice Certified Organic Sweet Corn is tasty, fresh and juicy. A versatile addition to any kitchen pantry

EAN13: 9339337305221 ITF14: 19339337305228 BOX QTY: 6 PC/CTN 

PRODUCT CODE: VEG004

Chef's Choice Certified Organic Spinach is delicious and ready to eat. Perfect for sauces, salads or as a side dish.

**CERTIFIED ORGANIC** SAUERKRAUT 360g

\$3.83



Chef's Choice Certified Organic Sauerkraut is crunchy and ready to eat. Perfect as a tasty side dish served

with salads, grilled vegetables or hot dogs.

PRODUCT CODE: VEG009

EAN13: 9339337305160

ITF14: 19339337305167

BOX QTY: 6 PC/CTN

DIMENSION: L:7.9 x H:9.8 cms

## **CERTIFIED ORGANIC** SPINACH 330g



DIMENSION: L:7.9 x H:9.8 cms

PRODUCT CODE: VEG006 DIMENSION: L:9 x H:11 cms EAN13: 9339337305191 ITF14: 19339337305198 BOX QTY: 6 PC/CTN



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Chef's Choice Certified Organic Gherkins are crunchy and delicately sweetened with agave syrup. Perfect as a snack or as part of a tasty side dish.

**CERTIFIED ORGANIC** 

**GHERKINS 680g** \$6.75

ORGANIC

GHERKINS

#### **CERTIFIED ORGANIC SAUERKRAUT** WITH GINGER AND TURMERIC 350g



- N

PRODUCT CODE: VEG011

EAN13: 9339337305177

ITF14: 19339337305174

KA

BOX QTY: 6 PC/CTN

vegetables and salads

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DIMENSION: L:7.9 x H:9.8 cms

#### **CERTIFIED ORGANIC** SAUERKRAUT WITH BEETROOT 350g

\$3.83



PRODUCT CODE: VEG010 DIMENSION: L:7.9 x H:9.8 cms EAN13: 9339337305184 ITF14: 19339337305181 BOX QTY: 6 PC/CTN



Chef's Choice Certified Organic Sauerkraut with Beetroot is a perfect accompaniment for meat and vegetables and salads

Chef's Choice Certified Organic Sauerkraut with ginger and turmeric is a perfect accompaniment for meat,





LONG STEM ARTICHOKE – ALLA ROMANA 700g

\$6.67



PRODUCT CODE: ART013U DIMENSION: L:8.6 x H:15.1 cms EAN13: 9339337300783 ITF14: 19339337300780 BOX QTY: 6 PC/CTN



*Chef's Choice* Tunisian long stem artichokes prepared in the Italian "crudo tradition" and are firm and fresh tasting. Cut them in quarter and serve them as is which a drop of extra virgin olive oil, or add them to your favourite salad or pizza.

**CORNICHONS FRENCH STYLE** 350g

# \$3.48



PRODUCT CODE: CORNICHONS005 DIMENSION: L:7.8 x H:11 cms EAN13: 9339337002441 ITF14: 19339337002448 BOX QTY: 12 PC/CTN







PRODUCT CODE: CORNICHONS007 DIMENSION: L:15.5 x H:25 cms EAN13: 9339337001888 ITF14: 19339337001885 BOX QTY: 3 PC/CTN





**STONE GROUND TAHINI** 400g

**STONE GROUND TAHINI** 900g \$10.14





PRODUCT CODE: TAHINI001U DIMENSION: L:8 x H:13 cms EAN13: 9339337007859 ITF14: 19339337007856 BOX QTY: 12 PC/CTN



PRODUCT CODE: TAHINI002U DIMENSION: L:10 x H:15.2 cms EAN13: 9339337007880 ITF14: 19339337007887



Chef's Choice Tahini is made from ground and roasted sesame seeds and is a versatile ingredient to use. It's nutty, creamy and flavourful making it perfect for use in many different recipes. Use it as a sauce, dip, spread or dressing.



#### ALL NATURAL ZA'ATAR 120g



PRODUCT CODE: ZAT002 **DIMENSION:** L:5 x H:14.5 cms EAN13: 9339337308338 ITF14: 19339337308335 BOX QTY: 12 PC/CTN



Chef's Choice Za'atar is a traditional seasoning with endless ways of use, essential in Middle Eastern and Mediterranean cooking. This blend of high-quality aromatics and spices will liven your favourite meals with its earthy, robust, tangy zing.



CHESTNUT CREAM WITH VANILLA 325g

\$6.25



PRODUCT CODE: CHESTNUT008 DIMENSION: L:8.3 x H:7.1 cms EAN13: 9339337006753 ITF14: 19339337006750 BOX QTY: 12 PC/CTN



Chef's Choice Premium Selected Chestnut Cream with Vanilla is made in France using chestnuts from around Europe and has a smooth texture with a rich, sweet taste. It's an irresistible dessert on its own but can be used as a spread on toasts, yoghurt and crepes. It can also be used as an ingredient in various pastry recipes.



\$5.96



PRODUCT CODE: CHESTNUT007 DIMENSION: L:8.3 x H:7.1 cms EAN13: 9339337006760 ITF14: 19339337006767 BOX QTY: 12 PC/CTN



*Chef's Choice* Premium Selected Chestnut Puree is made in France using chestnuts from around Europe and is a pure, unsweetened, smooth and fragrant puree that is versatile and very easy to use. It can be used in everything from stuffings, soups and sauces to baking and desserts.



**210**g

PRODUCT CODE: CHESTNUT009 DIMENSION: L:8.3 x H:7.1 cms EAN13: 9339337006777 ITF14: 19339337006774 BOX QTY: 12 PC/CTN



*Chef's Choice* Premium Selected Roasted Chestnuts are made in France using chestnuts from around Europe and are so tasty that you can eat them straight from the jar, or add whole or chopped chestnuts to stuffing, rice pilaf, soups, sauces or on desserts.



PREMIUM MUSCATEL CLUSTERS 100g



PRODUCT CODE: MUSC001U DIMENSION: L:13 x W:6 x H:18.5 cms EAN13: 9339337303029 ITF14: 19339337303026 BOX QTY: 10 PC/CTN \$6.67



Chef's Choice Premium Muscatel Clusters are handpicked and dried in their natural form while still attached to its vine, ensuring highest quality and the natural flavour. These naturally sweet, juicy grapes are an ideal healthy snack or a perfect addition for cheese platters, fruit plates, baked foods and cereals as well.



**CERTIFIED ORGANIC** FLAXSEED 500g

**CERTIFIED ORGANIC** LINSEED 500g

**CERTIFIED ORGANIC** AMARANTH SEED 500g



PRODUCT CODE: FLAXSEED002 **DIMENSION:** L:16.5 x W:7.5 x H:23 cms EAN13: 9339337001369 ITF14: 19339337001366 \$5.22 BOX QTY: 10 PC/CTN



Flaxseed has a pleasant nutty taste and is a good source *Chef's Choice* Certified Organic Linseed has a pleasant distance of anticipation and distance of anticipation of dietary fi bre, protein and other nutrients that make them a popular addition to any diet. While whole fl axseeds feature a soft crunch, the nutrients in ground seeds are more easily absorbed. To achieve this simply nutrients in the ground linseeds are more easily absorbed. grind the fl asseeds in a coff ee, seed or spice grinder.

41 CHEF'S CHOICE - SEEDS



PRODUCT CODE: LINSEED002 DIMENSION: L:16 x W:7 x H:23 cms EAN13: 9339337305788 ITF14: 19339337305785 BOX QTY: 10 PC/CTN



nutty taste and is a good source of protein and dietary fibre, making these tiny seeds a popular addition to any diet. While whole linseeds feature a soft crunch, the



PRODUCT CODE: AMAR001U DIMENSION: L:15 x W:6 x H:22 cms EAN13: 9339337300226 ITF14: 19339337300223 BOX QTY: 10 PC/CTN \$5.44



Chef's Choice Certified Organic Amaranth Seeds is a versatile, healthy, nutritious and delicious ingredient that has an earthy, nutty flavour and can be used as an alternative to rice, pasta, couscous or quinoa. They can be cooked and added in a cereal, ground into flour, popped like popcorn, or toasted.

**CERTIFIED ORGANIC RAW CACAO NIBS 300g** 



PRODUCT CODE: CACA0001 DIMENSION: L:16 x W:5 x H:23 cms EAN13: 9339337003448 ITF14: 19339337003445 \$12.64 BOX QTY: 10 PC/CTN

6



Chef's Choice Superfoods Raw Organic Cocoa Nibs

are cocoa beans that have been roasted, separated from their husks and broken into smaller pieces. These fl avorful little pieces also have great nutritional value and acts as an energy booster and mood elevator! Great to use as a topping on salads or as a mix-in for baked goods or sweets for added crunch and fl avour.

> LOVIN' BODY CERTIFIED ORGANIC HULLED HEMP SEED 350g

PRODUCT CODE: HEMP001U DIMENSION: L:15 x W:6 x H:22 cms EAN13: 9339337008832 ITF14: 19339337008839 **\$9.23** BOX QTY: 10 PC/CTN



Lovin' Body Certified Organic Hulled Hemp Seed is delicious and versatile plant that has a pleasant nutty taste and loads of nutritional benefits. Enjoy these seeds sprinkled over yoghurt and salads or added to your morning smoothies to give your meal or drink a nutritional boost.

#### **CERTIFIED ORGANIC RAW MACA POWDER 300g**



PRODUCT CODE: SUP003 DIMENSION: L:16 x W:8 x H:23 cms EAN13: 9339337004230 ITF14: 19339337004237 BOX QTY: 10 PC/CTN \$6.50

Chef's Choice Certifi ed Organic Raw Maca Powder is a revitalising superfood that is extremely rich in nutritional substances that have wide-ranging benefits for your body and mind. Derived from the Maca root, the health benefits of Maca powder include long-lasting energy and essential vitamins, as well as improved moods, skin, sexual vitality and general health. These incredible eff ects make this product the perfect low-calorie addition to your baked foods, soups or smoothies.

## \$3.06

**CERTIFIED ORGANIC SESAME SEEDS HULLED 140g** 



PRODUCT CODE: SES003 DIMENSION: L:10 x W:20.5 x H:5 cms EAN13: 9339337007989 ITF14: 19339337007986 BOX QTY: 15 PC/CTN

		$\bigotimes$	KĀ KĀ
vegan	non GMO	Organic	$\sim$

Chef's Choice Certified Organic Sesame Seeds - Roasted acquire a delicious roasted nutty taste, the perfect crunchy topping for that extra oomph to any meal. Classic addition for baked goods, making a dip, or a sprinkle on salads or even over ice cream!

> **CERTIFIED ORGANIC TAPIOCA FLOUR 500g**



PRODUCT CODE: TAPIOCA003U DIMENSION: L:18 x W:7 x H:25 cms EAN13: 9339337304286 ITF14: 19339337304283 BOX QTY: 10 PC/CTN **\$4.40** 



Chef's Choice Certified Organic Tapioca Flour is a grainfree starch extracted from the cassava root. This product is primarily used for baking, delivering a chewy texture and crispy crust. It is also used as a superior thickener and great alternative to corn starch and potato starch in cooking, or for making other desserts.









**CERTIFIED ORGANIC** CHIA SEEDS 150g

\$4.12



PRODUCT CODE: CHIASEED002 DIMENSION: L:10 x W:4.5 x H:20.5 cms EAN13: 9339337000690 ITF14: 19339337000697 BOX QTY: 15 PC/CTN



CHIA SEEDS 500g

\$9.37

CHIA SEEDS 1kg

FIED ORGAN

PRODUCT CODE: CHIASEED005

EAN13: 9339337004841

ITF14: 19339337004848

BOX QTY: 10 PC/CTN

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DIMENSION: L:21 x W:8 x H:27 cms

Ø KA \$15.19

PRODUCT CODE: CHIASEED004

DIMENSION: L:16 x W:7.5 x H:23 cms EAN13: 9339337003165 ITF14: 19339337003162 BOX QTY: 10 PC/CTN



Chia seeds are one of nature's super foods - high in essential fatty acids, protein, soluble fibre, antioxidants, vitamins, and minerals. They are easy to use, taste good, and can become a valuable addition to your diet.



#### \$3.43

#### **CERTIFIED ORGANIC BLACK SESAME SEEDS ROASTED 150g**



PRODUCT CODE: SES002 DIMENSION: L:9.8 x W:20.3 x H:4.5 cms EAN13: 9339337007996 ITF14: 19339337007993 BOX QTY: 15 PC/CTN



Chef's Choice Certified Organic Black Roasted Sesame Seeds are small seeds that add a delicious, nutty taste to any meal. Add to smoothies, cereal and baking recipes or sprinkle over your salads, curries, stir fry and vegetables.

#### **CERTIFIED ORGANIC TAPIOCA PEARLS 400g**

PRODUCT CODE: TAPIOCA002U DIMENSION: L:15 x W:6 x H:22 cms EAN13: 9339337009242 ITF14: 19339337009249 BOX QTY: 10 PC/CTN





Chef's Choice Certified Organic Tapioca Pearls are a delicious and enjoyable experience to eat. These pearls are boiled with a liquid to form a gel, which can then be enjoyed as a dessert, or added to foods as a thickening agent. Tapioca's thick and chewy texture makes it fun to consume, and perfect for tapioca pudding, bubble or boba tea, and other desserts and candies.

**CHEF'S CHOICE** - SEEDS / TAPIOCA

44



**CERTIFIED ORGANIC** PLAIN FLOUR - UNBLEACHED 500g



PRODUCT CODE: FLOUR024 DIMENSION: L:16 x W:7.5 x H:23 cms EAN13: 9339337003271 ITF14: 19339337003278 BOX QTY: 10 PC/CTN \$4.26



It is produced by roller-milling the whole-wheat grain and sieving off of the bran which retains a substantial proportion of wheat's natural nutrients. It has a creamy colour and a stronger texture, and is more flavoursome than other white flours.

**CERTIFIED ORGANIC STONEGROUND** WHOLEGRAIN PLAIN FLOUR 500g

PRODUCT CODE: FLOUR030

EAN13: 9339337003257

ITF14: 19339337003254

BOX QTY: 10 PC/CTN

enjoyed by anyone.

9

DIMENSION: L:16 x W:7.5 x H:23 cms

It is produced by stone-milling the whole-wheat grain

making it a healthy alternative to your regular plain

flours! This flour is great for baking as it gives a hearty

flavour and creates a robust texture which is sure to be

\$4.26

**CERTIFIED ORGANIC SELF RAISING FLOUR - UNBLEACHED 500g** 



PRODUCT CODE: FLOUR022 DIMENSION: L:16 x W:7.5 x H:23 cms EAN13: 9339337003288 ITF14: 19339337003285 BOX QTY: 10 PC/CTN **\$4.26** 

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It is produced by roller-milling the whole-wheat grain and sieving off of the bran. This is a strong flour which retains a substantial proportion of wheat's natural nutrients. It has a creamy colour, a strong texture and is more flavorsome than other white flours. A baking flour suitable for most everyday-cooking needs.

**CERTIFIED ORGANIC STONEGROUND** WHOLEGRAIN SELF RAISING FLOUR 500g CERTIFIED ORGANIC STONEGROUND WHOLE **GRAIN SPELT FLOUR 500g** 



PRODUCT CODE: FLOUR028 DIMENSION: L:16 x W:7.5 x H:23 cms EAN13: 9339337003264 ITF14: 19339337003261 **\$4.26** BOX QTY: 10 PC/CTN

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It is produced by stone-milling the whole-wheat grain making it a healthy alternative to your regular self raising flours! This flour is great for baking as it gives a hearty flavour and creates a robust texture which is sure to be enjoyed by anyone.

> **CERTIFIED ORGANIC BLACK RICE FLOUR 500g**



PRODUCT CODE: FLOUR027 DIMENSION: L:16 x W:7.5 x H:23 cms EAN13: 9339337307973 ITF14: 19339337307970 BOX QTY: 10 PC/CTN \$6.32



Chef's Choice Certified Organic Black Rice Flour is produced by milling the whole or broken pieces of black rice grain into a fine flour. Black rice is filled with antioxidants and packed with nutritional goodness. It's nutty flavour and chewy texture makes it an excellent flour for baking breads or making steamed rice cakes.



PRODUCT CODE: FLOUR016 DIMENSION: L:16 x W:7.5 x H:23 cms EAN13: 9339337001666 ITF14: 19339337001663 BOX QTY: 10 PC/CTN



Chef's Choice Certified Organic Stoneground Wholegrain Spelt Flour has a fine texture and a mild, nutty flavour. This is an excellent, light alternative to wheat flour, making nutritious food that is easier to digest. Use it for baking pancakes, muffins, cakes, cookies, pasta, bread, waffles and even pizza bases.

> **CERTIFIED ORGANIC BROWN RICE FLOUR 500g**



PRODUCT CODE: FLOUR026 DIMENSION: L:16 x W:7.5 x H:23 cms EAN13: 9339337003219 ITF14: 19339337003216 BOX QTY: 10 PC/CTN



It is produced by milling the whole or broken pieces of grain into a fine flour. It is more nutritious and slightly stronger in flavour than most commercially produced rice flours, making it an excellent flour to use for baking shortbreads, loaves and even noodles!







#### **CERTIFIED ORGANIC** WHOLEGRAIN RYE FLOUR 500g



PRODUCT CODE: FLOUR014 DIMENSION: L:16 x W:7.5 x H:23 cms EAN13: 9339337001642 ITF14: 19339337001649 **\$4.40** BOX QTY: 10 PC/CTN



Chef's Choice Certified Organic Wholegrain Rye Flour is produced by roller-milling the whole rye grain. The nutrient-rich properties of the wholegrain, and in particular the bran, are therefore retained. Moderately dark in colour with a strong, robust flavour. Easily digestible.

#### **CERTIFIED ORGANIC** WHITE RICE FLOUR 500g



PRODUCT CODE: FLOUR018 DIMENSION: L:16 x W:7.5 x H:23 cms EAN13: 9339337003202 ITF14: 19339337003209 BOX QTY: 10 PC/CTN **\$5.54** 



It is produced by milling the whole or broken pieces of grain into a fine flour. Because it is organic, it is more nutritious and slightly stronger in flavour than other commercially produced rice flours. Rice flour is high in protein and is excellent to use in shortbreads, loafs and noodles!



**CERTIFIED ORGANIC BUCKWHEAT FLOUR - 500g** 



PRODUCT CODE: BUCKWHEAT003 DIMENSION: L:16 x W:7.5 x H:23 cms EAN13: 9339337001154 ITF14: 19339337001151 BOX QTY: 10 PC/CTN \$4.97



Buckwheat is loaded with nutrients, especially protein, and it has a nutty, earthy fl avour. It's most commonly ground into a dark, gritty fl our and used to make everything from pancakes to soba noodles. Eastern Europeans also like their buckwheat crushed into small groats, which they toast in oil and use to make side dishes and breakfast cereals.





**CERTIFIED ORGANIC** 

**AUSTRALIAN SEMOLINA 500**g

PRODUCT CODE: FLOUR017 DIMENSION: L:15 x W:7 x H:23 cms EAN13: 9339337308079 ITF14: 19339337308076 BOX QTY: 10 PC/CTN \$3.98  $\bigcirc$ 

It is made from hard wheat, prized for breads, hard baked goods, all-purpose flour and flour blends with its distinctive earthy aromas, colours and textures. This natural source of nutritious coarse flour is perfect for varieties of sweet and savoury preparations, including pizza bases, pasta, gnocchi, biscuits, cakes and more of your favourite foods!



PRODUCT CODE: CORN006 DIMENSION: L:16 x W:7.5 x H:23 cms EAN13: 9339337303845 ITF14: 19339337303842 BOX QTY: 10 PC/CTN \$4.61 Ø  $\bigotimes$ KĂ

Corn Flour is a versatile cooking ingredient, perfect for adding flavour and texture to a variety of baked goods and sauces. This fine, golden flour is ideal for thickening gravy, custards, soups and sauces. Use it as a central ingredient in muffins, pancakes and more.

#### **CERTIFIED ORGANIC QUINOA FLOUR 500g**



PRODUCT CODE: QUINOA017 DIMENSION: L:16 x W:7.5 x H:23 cms EAN13: 9339337004087 ITF14: 19339337004084 BOX QTY: 10 PC/CTN **\$9.30** 



It is ground pure organic quinoa. This versatile flour brings flavour and bountiful nutrition to your cooking. It is one of the healthiest types of flour on the market today and is mild with a hint of nuttiness. It can be used for both sweet and savoury recipes like biscuits, cakes, breads and pastas.

**CERTIFIED ORGANIC FINE CORN FLOUR 500g** 

## \$6.25

**100% PURE** 

**MAPLE SYRUP 189ml** 



PRODUCT CODE: MAPLE007

EAN13: 9339337006265

ITF14: 19339337006262

BOX QTY: 12 PC/CTN

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DIMENSION: L:7.5 x W:4.5 x H:15.5 cms



PRODUCT CODE: MAPLE008-6 DIMENSION: L:10 x H:20.3 cms EAN13: 9339337006272 ITF14: 29339337006276 BOX QTY: 6 PC/CTN



Our 100% Pure Maple Syrup is sourced from natural Canadian maple trees. This dark amber colour looking syrup has a strong and flavourful taste and is a healthier substitute to sugar and comes with a number of health benefits. Drizzle on pancakes, waffles, yogurt, ice cream, oatmeal and more.

#### **CERTIFIED ORGANIC** MAPLE SUGAR 150g



PRODUCT CODE: MAPLE010 DIMENSION: L:10 x W:4.5 x H:20.5 cms EAN13: 9339337001956 ITF14: 19339337001953 BOX QTY: 15 PC/CTN



*Chef's Choice* Certified Organic Maple Sugar is packed with natural maple flavour without any artificial flavours. It is a natural sweetener and a healthier alternative to refined sugar. Perfect for sweet or savoury foods, coffee, tea and desserts.



PRODUCT CODE: FLOUR012 DIMENSION: L:16 x W:7.5 x H:23 cms EAN13: 9339337001628 ITF14: 19339337001625 BOX QTY: 10 PC/CTN **\$4.83** 



Chef's Choice Certified Organic Besan Flour (chickpea flour) is produced by dehusking and milling brown (desi) chickpeas. It has a rich nutty flavour. It can be used as a binding or thickening agent in many recipes and used widely by Indian and Middle Eastern cooking for pancakes, dumplings and sweetmeat. Commonly used for pakora batter.

#### 100% PURE **MAPLE SYRUP 1L**





PRODUCT CODE: MAPLE009 DIMENSION: L:15.7 x H:30.5 cms EAN13: 9339337006289 ITF14: 19339337006286 BOX QTY: 4 PC/CTN

100% **PURE MAPLE SYRUP 4L** 

APLE SYRU

\$103.52







AUSTRALIAN ALMOND MEAL 400g



PRODUCT CODE: FLOUR037 DIMENSION: L:16 x W:7.5 x H:23 cms EAN13: 9339337006791 ITF14: 19339337006798 BOX QTY: 10 PC/CTN \$10.08



Chef's Choice All Natural Australian Blanched Almond Meal is made from ground premium Australian almonds and is fantastic for baking or desserts. Use as an alternative to wheat flour, almond meal is perfect for baking paleo bread, cookies, cakes, muffins as well as in cereals and smoothies.

ALL NATURAL **HAZELNUT MEAL 320g** 



PRODUCT CODE: FLOUR039 DIMENSION: L:16 x W:7.5 x H:23 cms EAN13: 9339337006807 ITF14: 19339337006804 BOX QTY: 10 PC/CTN \$8.66



*Chef's Choice* All Natural Hazelnut Meal is the perfect ingredient to every chef's wholefood pantry. It contains the nutritious goodness of hazelnuts, which are packed full of nutritional benefits. Use hazelnut meal to add a naturally sweet, rich flavour to baked goods such as breads, biscuits, cakes, cookies or stuffings.

**CERTIFIED ORGANIC ARROWROOT POWDER 500g** 



PRODUCT CODE: ARROW005 DIMENSION: L:13 x W:7x H:24 cms EAN13: 9339337307348 ITF14: 09339337307348 BOX QTY: 10 PC/CTN



**\$6.10** 

This natural source of starch makes an exceptional tasteless thickener to enhance and bind a large variety of your favourite foods. From baked goods to thickening sauces, puddings, soups, pie fillings, the possibilities are endless!

> **CERTIFIED ORGANIC BUCKWHEAT PANCAKE MIX 500g**



PRODUCT CODE: FLOUR020 **DIMENSION:** L:16 x W:7.5 x H:23 cms EAN13: 9339337003295 ITF14: 19339337003292 BOX QTY: 10 PC/CTN \$4.69

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It is made from a blend of high-quality buckwheat, maize flour and other organic ingredients that create a soft textured pancake with a nutty taste. Buckwheat is valued all over the world for its health benefits and its high antioxidant content.

#### **CERTIFIED ORGANIC MILLET FLOUR 500g**



PRODUCT CODE: FLOUR013 DIMENSION: L:16 x W:7.5 x H:23 cms EAN13: 9339337001635 ITF14: 19339337001632 BOX QTY: 10 PC/CTN



49 CHEF'S CHOICE - FLOUR



Produced by milling the hulled millet into a fine flour. No additives. USES: For flat bread, tortillas, corn chips, must be combined with gluten-rich flours to make yeast raised bread and cakes and as a thickening or binding agent - as a corn flour would be used.

#### **CERTIFIED ORGANIC** OAT FLOUR 500g



PRODUCT CODE: OAT002 DIMENSION: L:16 x W:7.5 x H:23 cms EAN13: 9339337006425 ITF14: 19339337006422 BOX QTY: 10 PC/CTN \$5.11



Made by finely milling whole organic oats. Oat flour can be mixed with other flours to create baked goods with a nutty flavour and a boost of nutrition to your baking recipes. Good for making biscuits, cookies, breads, pancakes, and more.



**ALUMINIUM FREE BAKING POWDER 200g** 

\$3.98



PRODUCT CODE: BAKING001 DIMENSION: L:6.5 x H:9.5 cms EAN13: 9339337302954 ITF14: 19339337302951 BOX QTY: 8 PC/CTN



It will be your perfect pick for making fluffiest and softest texture in baked goods. This premium leavening agent is ideal for cakes, cupcakes, sponges, brownies, short breads, biscuits, scones etc.

**PURE MULTI-PURPOSE BI-CARB SODA 350g** 

\$3.98



PRODUCT CODE: SODA002 DIMENSION: L:9 x H:11 cms EAN13: 9339337004780 ITF14: 19339337004787 BOX QTY: 12 PC/CTN



It is a premium leavening agent with no aluminium or mercury and no bitter aftertaste. Made from deposits of mineralised sodium bicarbonate, it is extracted by a natural water process that uses no chemicals.



**RAW SUGAR 600g** 

PRODUCT CODE: SUGAR002 DIMENSION: L:16 X W:7.5 x H:23 cms EAN13: 9339337002427 ITF14: 19339337002424 \$3.83 BOX QTY: 10 PC/CTN



It has a heavenly taste and is produced from 100%certified organic sugarcane and is a wholesome alternative to refined white sugar. Raw sugar is often used to sweeten coffee or drinks and can also be used in cooking and baking. Raw sugar is the most natural form of sugar you can enjoy, and ours just tastes wonderful!

**CERTIFIED ORGANIC RAPADURA SUGAR 500g** 

**CERTIFIED ORGANIC RAPADURA SUGAR 1kg** 





PRODUCT CODE: SUGAR003 DIMENSION: L:16 x W:7.7 x H:22.7 cms EAN13: 9339337302541 ITF14: 19339337302548 BOX QTY: 10 PC/CTN \$4.26  ${}$ 💓 (KA)

PRODUCT CODE: SUGAR004 DIMENSION: L:19.6 x W:10.7 x H:23.5 cms EAN13: 9339337303166 ITF14: 19339337303163 BOX QTY: 10 PC/CTN

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It also known as Panela sugar is an unrefined and unbleached sugar, which is harvested from sugar cane and has a sweet caramel flavour and a fine texture. This healthy natural sweetener can be substituted for refined white sugar when baking or used to sweeten coffees, teas, hot chocolates, desserts and savoury dishes.

**GUILT-FREE** NATURAL SWEETNESS 500g



PRODUCT CODE: XY03 DIMENSION: L:8 x W:16 x H:23 cms EAN13: 9339337004636 ITF14: 19339337004633 BOX QTY: 10 PC/CTN \$7.10 S (KA)

It is a 100% natural sweetener that tastes just like sugar with no nasty aftertaste, but contains added health benefits. Made from non-GMO corn, it has 40% fewer calories and 75% less carbohydrates than sugar, and is also proven to aid dental health







**LEAF GELATINE SILVER** 30g (12 Sheets)



**PRODUCT CODE: GELAT006** DIMENSION: L:10.9 x H:29.7 cms EAN13: 9339337000638 ITF14: 19339337000635 BOX QTY: 24 PC/CTN **\$6.11** 



*Chef's Choice* Certified Organic Edible Leaf Gelatine Silver Grade sets much clearer and at a smoother consistency compared to powdered gelatine. This is the reason why leaf gelatine is preferred by professionals and regular bakers. As leaf gelatine is almost odourless and flavourless, it imparts none of its own flavour into the dish which allows the flavour of the dish to shine through.

**LEAF GELATINE SILVER HALAL** 30g (12 Sheets)



PRODUCT CODE: GELAT004 DIMENSION: L:10.9 x H:29.7 cms EAN13: 9339337001451 ITF14: 19339337001458 **\$6.11** BOX QTY: 24 PC/CTN

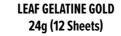
Chef's Choice Edible Leaf Gelatine Silver Grade Halal sets much clearer and at a smoother consistency compared to powdered gelatine. This is the reason why leaf gelatine is preferred by professionals and regular bakers. As leaf gelatine is almost odourless and flavourless, it imparts none of its own flavour into the dish which allows the flavour of the dish to shine through.

LEAF GELATINE TITANIUM 40g (12 Sheets)



PRODUCT CODE: GELAT003 DIMENSION: L:10.9 x H:29.7 cms EAN13: 9339337007002 ITF14: 19339337007009 BOX QTY: 24 PC/CTN

Chef's Choice Edible Leaf Gelatine Titanium Grade sets much clearer and at a smoother consistency compared to powdered gelatine. This is the reason why leaf gelatine is preferred by professionals and regular bakers. This grade of gelatine sets quickly and is easy to use, making it a great gelatine for anyone from beginners to experts. As leaf gelatine is almost odourless and flavourless, it imparts none of its own flavour into the dish which allows the flavour of the dish to shine through.





PRODUCT CODE: GELAT008 DIMENSION: L:10.9 x H:29.7 cms EAN13: 9339337003172 **\$6.11** ITF14: 19339337003179 BOX QTY: 24 PC/CTN

Chef's Choice Edible Leaf Gelatine Gold Grade is a colourless, tasteless and odourless ingredient that sets clearer and a smoother consistency than powdered gelatine. Gelatine can be used in countless desserts and savoury dishes and offers none of its own flavour into a dish, which allows the flavour of the dish it combines with to shine through. The grade of gelatine is determined by its strength that is measured in "blooms". The higher the bloom, the better the quality. Our gold grade gelatine is a top quality product that produces a delightful consistency in dishes and desserts.

**GELATINE POWDER GOLD** 150g

**GELATINE POWDER GOLD** 1kg



PRODUCT CODE: GELAT014 DIMENSION: L:10 x W:5 x H:20.5 cms EAN13: 9339337006937 ITF14: 19339337006934 \$5.52 BOX QTY: 15 PC/CTN

PRODUCT CODE: GELAT013B **DIMENSION:** L:20 x W:10 x H:24.5 cms EAN13: 9339337306082 ITF14: 19339337306089 BOX QTY: 10 PC/CTN

Chef's Choice Edible Gelatine Powder - Gold Grade is a natural setting agent that turns liquid into gel. It's ideal for both sweet and savoury dishes such as jellies, ice creams, mousses, cheesecakes and panna cottas.



**EWALD GELATINE LEAF BIO** 1kg



1kg

**DIMENSION:** L:24 x W:12 x H:8.5 cms EAN13: 4000147001119 ITF14: 4000147009313

53 CHEF'S CHOICE - GELATINE



\$32.80

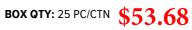
#### **EWALD GELATINE POWDER** 1kg



**PRODUCT CODE: GELAT013** DIMENSION: L:11 x W:9 x H:28.5 cms EAN13: 4000147008750 BOX QTY: 12 PC/CTN \$32.80

#### **EWALD GELATINE LEAF GOLD**

#### EWALD HALAL LEAF GELATINE 1kg



LEAF GELATINE

PRODUCT CODE: GELAT010 DIMENSION: L:24 x W:12 x H:8.5 cms EAN13: 4000147001430 ITF14: 4000147009320 BOX QTY: 25 PC/CTN

EWALD



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CHEF'S CHOICE - GELATINE 54



**ROSE WATER** 250ml \$4.32



PRODUCT CODE: SAUCE021 DIMENSION: L:4.5 xW:4.5 x H:21 cms EAN13: 9339337004667 ITF14: 19339337004664 BOX QTY: 12 PC/CTN

Chef's Choice Rose Water has a unique floral scent that can be used to flavour desserts like baklava, nougat, ice cream or your favourite cocktails. Truly versatile, Rose Water has numerous benefits from culinary gourmet flavouring, medicinal uses, to uplifting cosmetic applications and aromatherapy. ORANGE BLOSSOM WATER 250ml





PRODUCT CODE: SAUCE020 DIMENSION: L:4.5 xW:4.5 x H:21 cms EAN13: 9339337004681 ITF14: 19339337004688 BOX QTY: 12 PC/CTN

Chef's Choice Orange Blossom Water has a subtle, citrus-floral aroma that adds an orange zest to your desserts and dishes like couscous, lamb, hummus and falafel. Alternatively, splash a little in your water, tea, salads or fresh fruits for a refreshing touch of orange.

\$3.69



**CERTIFIED ORGANIC** 

AGAVE SYRUP 259ml

## \$6.26



PRODUCT CODE: SYRUP002U DIMENSION: L:7.2 x W:5.5 x H:15.2 cms EAN13: 9339337007453 ITF14: 19339337007450 BOX QTY: 12 PC/CTN

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PRODUCT CODE: SYRUP003U DIMENSION: L:9.5 x W:7 x H:21.8 cms EAN13: 9339337007460 ITF14: 19339337007467 BOX QTY: 8 PC/CTN



Chef's Choice Certified Organic Agave Syrup is a delicious and natural liquid sweetener with a low GI (32) that is made from the nectar of the blue agave plant. It is ideal for sweetening hot and cold beverages such as coffee, tea and smoothies and can also be used on pancakes, oatmeal and cereal. It can also be used in baking recipes such as brownies, chocolate cake and cookies.



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#### **CERTIFIED ORGANIC** AGAVE SYRUP 740ml



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PRODUCT CODE: SYRUP009 DIMENSION: L:5.5 x W:8 x H:14.5 cms EAN13: 9339337301513 ITF14: 19339337301510



Chefs Choice 100% Natural Premium Selected Date syrup is produced from the finest dates, creating a naturally sweet and super tasty flavour. This rich and thick syrup has subtle caramel notes, just raw vegan and paleo-friendly deliciousness with no added sugar

CHEF'S CHOICE - AGAVE & DATE SYRUP 56



**CERTIFIED ORGANIC DESICCATED COCONUT -FINELY SHREDDED 300g** 



PRODUCT CODE: COCONUT003U DIMENSION: L:17.8 x W:7 x H:24.2 cms EAN13: 9339337005237 ITF14: 19339337005234 BOX QTY: 10 PC/CTN \$3.76



Chefs Choice Certified Organic Desiccated Coconut Finely Shredded is simply dried and grated retaining all the natural flavour and aroma of the coconut flesh without the use of sweeteners. Organic desiccated coconut is free from preservatives, sulphur and cholesterol. It is also high in fibre and very delicious.

57 CHEF'S CHOICE - COCONUT

**CERTIFIED ORGANIC DESICCATED COCONUT -**MEDIUM SHREDDED 300g



PRODUCT CODE: COCONUT004U DIMENSION: L:16 x W:7.5 x H:23 cms EAN13: 9339337005220 ITF14: 19339337005227 BOX QTY: 10 PC/CTN \$3.76

300g NE

 ${}$ KA

Chefs Choice Certified Organic Desiccated Coconut Medium Shredded is simply dried and grated retaining all the natural flavour and aroma of the coconut flesh without the use of sweeteners. Organic desiccated coconut is free from preservatives, sulphur and cholesterol. It is also high in fibre and very delicious.

SHREDDED COCONUT 200g Mr.

**CERTIFIED ORGANIC** 



PRODUCT CODE: COCONUT014U DIMENSION: L:17.8 x W:7 x H:24.2 cms EAN13: 9339337008252 ITF14: 19339337008259 BOX QTY: 10 PC/CTN 9 (ĸa)

Chefs Choice Certified Organic Shredded Coconut is a baking essential. This all natural, healthy treat is bursting with tropical flavours and aromas, making it perfect as a topping or ingredient in cookies, curries, cakes and more.

**CERTIFIED ORGANIC COCONUT SUGAR 500g** 



PRODUCT CODE: COCONUT012 DIMENSION: L:16 x W:7.5 x H:23 cms EAN13: 9339337006555 ITF14: 19339337006552 BOX QTY: 10 PC/CTN



ITF14: 19339337303835 BOX QTY: 10 PC/CTN \$5.11

It is a natural sugar made from evaporated coconut sap. A pure and unrefined sugar with a low GI, it is a natural alternative to processed sugars and artificial sweeteners. It adds a rich depth of sweet flavour to desserts and baked goods. It does not have a specific coconut flavour making it a really versatile sweetener in a wide range of recipes.

It is a delicious, healthy alternative to wheat and other grain flours. It is essentially made from fresh organic coconut meat that is dried and grounded into a very fine, flour-like powder. The light coconut flavour allows coconut flour to blend seamlessly into sweet or savoury baked goods.

EAN13: 9339337303838

 $\bigotimes$ KA

**CERTIFIED ORGANIC COCONUT FLAKES 120g** 



PRODUCT CODE: COCONUT008A DIMENSION: L:16 x W:7.5 x H:23 cms EAN13: 9339337010484 ITF14: 19339337010481 **\$2.84** BOX QTY: 10 PC/CTN

 ${}$ KA

It is made from the dried white flesh of organically grown coconuts and have an irresistible coconut taste! Our Coconut Flakes are great for snacking on its own, raw or toasted and can also be used for cooking, baking or garnishing.

## **CERTIFIED ORGANIC COCONUT FLOUR 500g**



\$3.83

PRODUCT CODE: COCONUT006U DIMENSION: L:18 x W:7 x H:25 cms

\$3.83



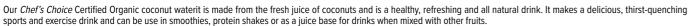
#### **CERTIFIED ORGANIC 100% PURE COCONUT WATER** 330ml

\$1.56



PRODUCT CODE: COCONUT018 DIMENSION: L:5.5 x W:5.5 x H:14.5 cms EAN13: 9339337303234 ITF14: 39339337303235 (Tray) ITF14: 29339337303238 (Outer) TRAY QTY: 6 PC/CTN BOX QTY: 24 PC/CTN





**CERTIFIED ORGANIC 100% PURE COCONUT WATER** 1L



PRODUCT CODE: COCONUT016U DIMENSION: L:7.8 x W:7.5 x H:24.5 cms EAN13: 9339337007804 ITF14: 19339337007801 BOX QTY: 8 PC/CTN



**CERTIFIED ORGANIC COCONUT OIL EXTRA** VIRGIN & UNREFINED 500ml

**CERTIFIED ORGANIC COCONUT OIL EXTRA** VIRGIN & UNREFINED 915ml





PRODUCT CODE: OIL026 DIMENSION: L:8.5 x H:13 cms EAN13: 9339337004827 ITF14: 19339337004824 BOX QTY: 12 PC/CTN **\$9.37** KA  $\bigcirc$  $\bigotimes$ (%)

PRODUCT CODE: OIL027 DIMENSION: L:9.5 x H:18 cms EAN13: 9339337004933 ITF14: 19339337004930 BOX QTY: 6 PC/CTN

 $\bigotimes$ (%)

Chef's Choice Certified Organic Coconut Oil is 100% natural cold pressed and extracted from premium grade organic coconuts. This lighter organic extra virgin coconut oil is considered one of the healthier oils for consumption as it benefits the body in many ways. With some nutty undertones, it creates a light aroma that is mild and sweet making it versatile and suitable for all cuisines. Coconut oil is an ideal alternative to butter, or any other vegetable oils on bread, vegetables, as a dressing for salads and smoothies or can simply be consumed on its own.

**CERTIFIED ORGANIC** PURIFIED COCONUT OIL 915ml

**CERTIFIED ORGANIC PURIFIED COCONUT OIL 4L** 





PRODUCT CODE: OIL029 DIMENSION: L:9.5 x H:18 cms EAN13: 9339337008191 ITF14: 19339337008198 \$9.80 BOX QTY: 6 PC/CTN

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PRODUCT CODE: OIL028 DIMENSION: L:23.5 x H:20 cms EAN13: 9339337008207 ITF14: 19339337008204 BOX QTY: 4 PC/CTN



Chef's Choice Certified Organic Purified Coconut Oil comes from dried coconut meat and is one of the healthiest oils in the world. This naturally purified coconut oil is one of the most versatile oils around because it can withstand higher cooking temperatures and is neutral in flavour in recipes for cooking, baking, stir-fries and searing. It can also be used as a moisturizer or conditioner for the hair or skin.

\$12.78

#### **CERTIFIED ORGANIC COCONUT MILK 400ml**



PRODUCT CODE: COCONUT001U DIMENSION: L:7.5 x H:11 cms EAN13: 9339337005077 ITF14: 19339337005074 BOX QTY: 12 PC/CTN \$2.49



It is a versatile ingredient with a rich creamy flavour but is lighter than coconut cream with a lower fat content. Coconut milk is used as a cooking base in many recipes and is rich in vitamins and minerals.

#### **CERTIFIED ORGANIC** COCONUT CREAM 400ml

\$36.92



PRODUCT CODE: COCONUT002U DIMENSION: L:7.5 x H:11 cms EAN13: 9339337005084 ITF14: 19339337005081 **\$2.49** BOX QTY: 12 PC/CTN



It is a versatile ingredient with a rich creamy flavour and is often used as a recipe base to add an exotic creamy richness and flavour. Coconut cream is rich in vitamins and minerals and can be used in recipes such as curries, soups, casseroles, drinks and desserts.

CHEF'S CHOICE - COCONUT 60

#### **PURE TAHITIAN VANILLA BEANS BULK**



**CERTIFIED ORGANIC** VANILLA SINGLE BEANS 3g



PRODUCT CODE: VBS DIMENSION: L:4.5 x H:25 cms EAN13: 9339337001000 ITF14: 19339337001007 BOX QTY: 12 PC/CTN



LOVIN' BODY CERTIFIED ORGANIC VANILLA BEANS 3g

PRODUCT CODE: LOVIN019

EAN13: 9339337307232

ITF14: 29339337307236

BOX QTY: 10 PC/CTN

and coffee.

DIMENSION: L:2.5 W:2.5 x H:19.2 cms

(KA)

*Lovin' Body* Vanilla Beans have brought one of the most internationally known and loved flavours to western cuisine. *Lovin' Body* Vanilla Beans are

beautifully plumped, enhancing flavours and aromas

in all your favourite desserts, beverages, milk products

Beans

\$3.12

**CERTIFIED ORGANIC** VANILLA BEANS 6g



PRODUCT CODE: VBST DIMENSION: L:2.5 W:2.5 x H:19.2 cms EAN13: 9339337000454 ITF14: 29339337000458 BOX QTY: 10 PC/CTN \$5.54  ${}$ (KA)

For centuries, vanilla beans have been one of the most familiar flavours fundamental to western cuisine. They are commonly used to flavour desserts, beverages, milk products and coffee. Vanilla is one of the most loved flavours of the western palate.



\$36.92

VANILLA BEAN BULK 100g PRODUCT CODE: VBEAN100 EAN13: 9339337007354 ITF14: 19339337007351

> **PURE VANILLA BEAN PASTE** WITH SEEDS 100g

**PURE VANILLA BEAN PASTE** WITH SEEDS 500g



PRODUCT CODE: EXTRACT023 DIMENSION: L:5.8 x H:6 cms EAN13: 9339337300035 ITF14: 19339337300032 BOX QTY: 12 PC/CTN



ITF14: 19339337007092 BOX QTY: 4 PC/CTN

EAN13: 9339337007095



An infusion of a vanilla extract with finely ground vanilla beans. It will add an elegant appearance as well as an extraordinary flavour in culinary confections where the flavour and the appearance of vanilla beans are desired. \*Also available in bulk 1kg to 4kg

#### **PURE VANILLA BEAN SUGAR** 85g



PRODUCT CODE: VSUG002 DIMENSION: L:4.5 x H:11.5 cms EAN13: 9339337000300 ITF14: 19339337000307 BOX QTY: 12 PC/CTN

\$5.68



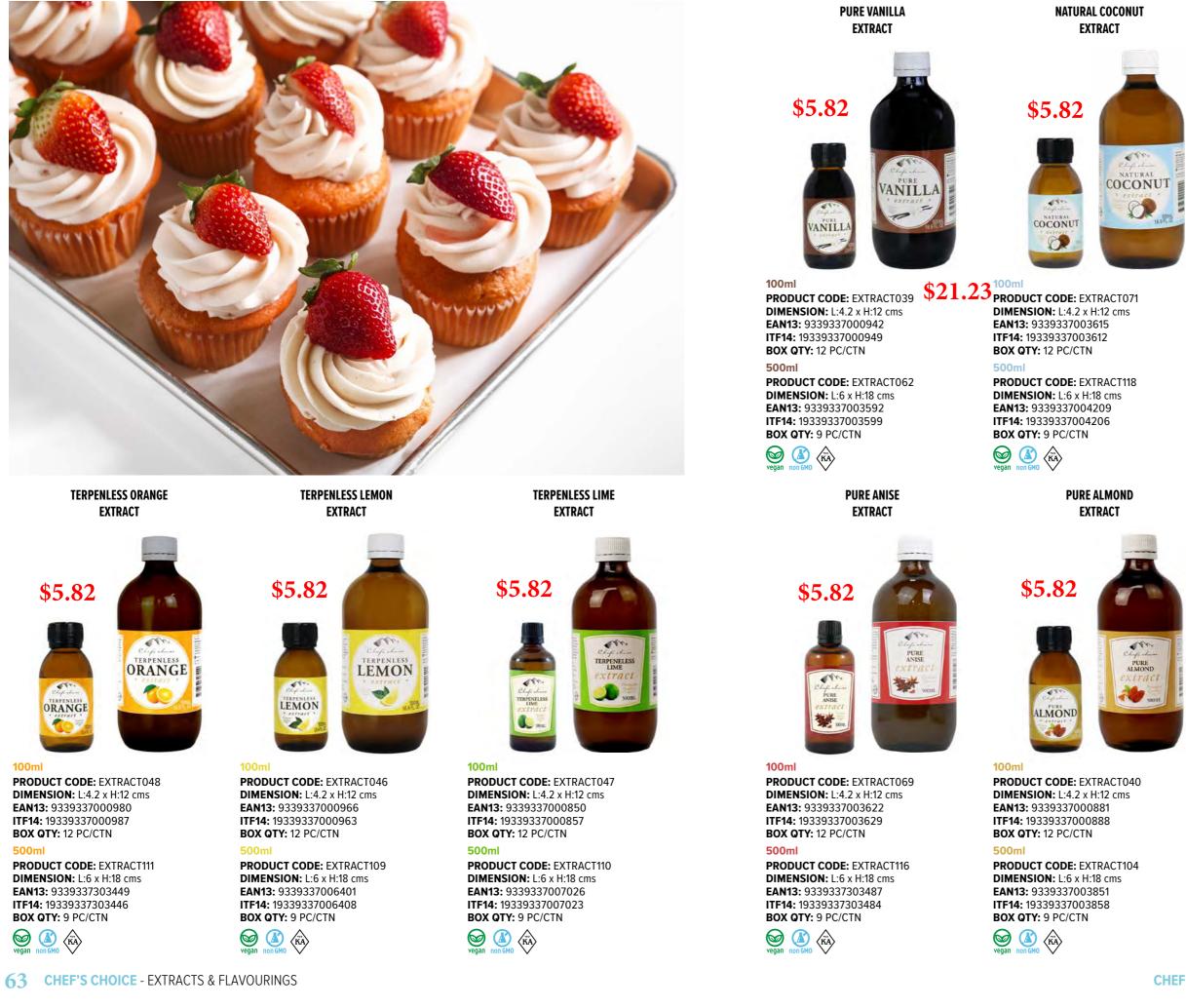
Chef's Choice Vanilla Sugar is a revolutionary vanilla and the first real alternative to pure vanilla extract, with some real advantages. Alcohol and gluten free, it is made with real vanilla beans and dextrose (corn sugar). Sprinkled on waffles, fresh fruit or cappuccinos it adds a subtle richness. Create your own hot chocolate mix with fresh cocoa, spiced mocha mix, or use it as a light glaze for fresh corn or carrots. Sprinkled on cappuccinos or lattes—it's the ultimate coffee condiment and much, much more.



PRODUCT CODE: EXTRACT074 DIMENSION: L:8.5 x H:11 cms









**PURE PEPPERMINT** 

EXTRACT

#### 100ml

**PRODUCT CODE:** EXTRACT049 DIMENSION: L:4.2 x H:12 cms EAN13: 9339337000973 ITF14: 19339337000970 BOX QTY: 12 PC/CTN

#### 500ml

PRODUCT CODE: EXTRACT107 DIMENSION: L:6 x H:18 cms EAN13: 9339337006395 ITF14: 19339337006392 BOX QTY: 9 PC/CTN



#### NATURAL STRAWBERRY EXTRACT 100ml



#### 100ml

**PRODUCT CODE:** EXTRACT052 DIMENSION: L:4.2 x H:12 cms EAN13: 9339337000898 ITF14: 19339337000895 BOX QTY: 12 PC/CTN

500ml PRODUCT CODE: EXTRACT112 DIMENSION: L:6 x H:18 cms EAN13: 9339337303456 ITF14: 19339337303453 BOX QTY: 9 PC/CTN







PURE CINNAMON

PRODUCT CODE: EXTRACT043 **DIMENSION:** L:4.2 x H:12 cms EAN13: 9339337000928 ITF14: 19339337000925 BOX QTY: 12 PC/CTN

#### 500ml

**PRODUCT CODE:** EXTRACT102 DIMENSION: L:6 x H:18 cms EAN13: 9339337303425 ITF14: 19339337303422 BOX QTY: 9 PC/CTN



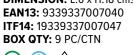


CHOCOLATE

FLAVOURING

#### 100ml

PRODUCT CODE: EXTRACT042 **DIMENSION:** L:4.2 x H:12 cms EAN13: 9339337000935 ITF14: 19339337000932 BOX QTY: 12 PC/CTN 500ml **PRODUCT CODE:** EXTRACT103 **DIMENSION:** L:6 x H:18 cms







**ALCOHOL FREE VANILLA** FLAVOURING





500ml PRODUCT CODE: EXTRACT073 DIMENSION: L:6 x H:18 cms EAN13: 9339337003837

ITF14: 19339337003834

BOX QTY: 9 PC/CTN 

> PISTACHIO FLAVOURING





100ml **PRODUCT CODE: EXTRACT068** DIMENSION: L:4.2 x H:12 cms EAN13: 9339337003639 ITF14: 19339337003636 BOX QTY: 12 PC/CTN

500ml **PRODUCT CODE: EXTRACT115** DIMENSION: L:6 x H:18 cms EAN13: 9339337007071 ITF14: 19339337007078 BOX QTY: 9 PC/CTN





RUM

FLAVOURING

100ml PRODUCT CODE: EXTRACT051 DIMENSION: L:4.2 x H:12 cms EAN13: 9339337000874 ITF14: 19339337000871 BOX QTY: 12 PC/CTN

500ml

PRODUCT CODE: EXTRACT105 DIMENSION: L:6 x H:18 cms EAN13: 9339337007033 ITF14: 19339337007030 BOX QTY: 9 PC/CTN



RASPBERRY FLAVOURING



PRODUCT CODE: EXTRACT050 DIMENSION: L:4.2 x H:12 cms EAN13: 9339337000867 ITF14: 19339337000864 BOX QTY: 12 PC/CTN

500ml PRODUCT CODE: EXTRACT106 DIMENSION: L:6 x H:18 cms EAN13: 9339337303432 ITF14: 19339337303439 BOX QTY: 9 PC/CTN





MAPLE

FLAVOURING

The MAPLE **1** 

## 100ml

PRODUCT CODE: EXTRACT057 DIMENSION: L:4.2 x H:12 cms EAN13: 9339337001420 ITF14: 19339337001427 BOX QTY: 12 PC/CTN

#### 500ml

PRODUCT CODE: EXTRACT101 DIMENSION: L:6 x H:18 cms EAN13: 9339337003844 ITF14: 19339337003841 BOX QTY: 9 PC/CTN

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BLACKBERRY FLAVOURING



#### 100ml

PRODUCT CODE: EXTRACT041 DIMENSION: L:4.2 x H:12 cms EAN13: 9339337000904 ITF14: 19339337000901 BOX QTY: 12 PC/CTN

#### 500ml

PRODUCT CODE: EXTRACT113 DIMENSION: L:6 x H:18 cms EAN13: 9339337303463 ITF14: 19339337303460 BOX QTY: 9 PC/CTN



\$5.82 .m. COFFEE 3-

100ml PRODUCT CODE: EXTRACT044 DIMENSION: L:4.2 x H:12 cms EAN13: 9339337000959 ITF14: 19339337000956

BOX QTY: 12 PC/CTN 500ml PRODUCT CODE: EXTRACT108 DIMENSION: L:6 x H:18 cms

EAN13: 9339337007057 ITF14: 19339337007054 BOX QTY: 9 PC/CTN



HAZELNUT FLAVOURING



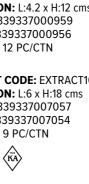
#### 100ml

**PRODUCT CODE:** EXTRACT045 DIMENSION: L:4.2 x H:12 cms EAN13: 9339337000911 ITF14: 19339337000918 BOX QTY: 12 PC/CTN

#### 500ml

PRODUCT CODE: EXTRACT114 DIMENSION: L:6 x H:18 cms EAN13: 9339337303470 ITF14: 19339337303477 BOX QTY: 9 PC/CTN







#### FLAVOURING

COFFEE







BANANA

FLAVOURING

#### 100ml

PRODUCT CODE: EXTRACT070 DIMENSION: L:4.2 x H:12 cms EAN13: 9339337003608 ITF14: 19339337003605 BOX QTY: 12 PC/CTN

#### 500ml

PRODUCT CODE: EXTRACT117 DIMENSION: L:6 x H:18 cms EAN13: 9339337006388 ITF14: 19339337006385 BOX QTY: 9 PC/CTN



#### BRANDY FLAVOURING



#### 100ml

**PRODUCT CODE:** EXTRACT059 DIMENSION: L:4.2 x H:12 cms EAN13: 9339337307324 ITF14: 19339337307321 BOX QTY: 12 PC/CTN

500ml **PRODUCT CODE:** EXTRACT063 DIMENSION: L:6 x H:18 cms EAN13: 9339337307331 ITF14: 19339337307338 BOX QTY: 9 PC/CTN







**CERTIFIED ORGANIC RAW CACAO POWDER** 300g



C.L.W.

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PRODUCT CODE: CACA0004 DIMENSION: L:16 x W:8 x H:23 cms EAN13: 9339337003424 ITF14: 19339337003421 **\$9.59** BOX QTY: 10 PC/CTN





PRODUCT CODE: CACA0003 DIMENSION: L:23.5x W:10 x H:34 cms EAN13: 9339337003431 ITF14: 19339337003438 \$28.19 BOX QTY: 10 PC/CTN



Chef's Choice Certified Organic Raw Cacao Powder is produced by pressing out the cacao butter after the cacao beans have been ground. Cacao powder is full of flavonoids, which act as a natural health remedy. It presents a hint of bitterness to maximise the flavour of what you add it to. This powder gives an intense chocolate taste to baked goods and desserts which is just delicious!

#### **CERTIFIED ORGANIC DARK CHOCOLATE** COUVERTURE DROPS 70% CACAO 300g



PRODUCT CODE: CACA0008 DIMENSION: L:16 x W:7 x H:23 cms EAN13: 9339337006081 ITF14: 19339337006088 \$14.06 BOX QTY: 10 PC/CTN

It is made up of 70% cacao and is a wonderfully smooth and intense bittersweet chocolate that can be used for baking as they are for melting or nibbling. Just a small amount adds a delicious chocolate flavour to smoothies, ice creams, homemade brownies, cakes, candies and many other recipes! Ideal for baking, ice cream making and confectionery applications.

**CERTIFIED ORGANIC RAW CACAO BUTTER** 300g



PRODUCT CODE: CACA0006 DIMENSION: L:16 x W:7 x H:23 cms EAN13: 9339337004247 ITF14: 19339337004244 \$17.04 BOX QTY: 10 PC/CTN

It is an amazing, highly nutritious product obtained from cold pressing the cacao bean. It is excellent in making raw chocolates and can be combined with cacao powder or liquor and sweetener to make divine desserts. Cacao butter is nutrient dense which makes it a healthier alternative to butter, for use in baking, making.

#### **CERTIFIED ORGANIC DARK CHOCOLATE** COUVERTURE DROPS 55% CACAO 300g



PRODUCT CODE: CACAO009 DIMENSION: L:16 x W:7 x H:23 cms EAN13: 9339337302879 ITF14: 19339337302876 BOX QTY: 10 PC/CTN

\$13.06



It is made up from high quality organic cocoa grown in South America. These small sized dark chocolate drops melt fast and are easy to use making it ideal for any recipe that requires dark chocolate. Just a small amount adds a delicious chocolate flavour to smoothies, ice creams, homemade brownies, cakes, candies and many other recipes!

#### **CERTIFIED ORGANIC MILK CHOCOLATE COUVERTURE DROPS 300g**

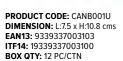


PRODUCT CODE: CACAO010 DIMENSION: L:16 x W:7 x H:23 cms EAN13: 9339337007422 ITF14: 19339337007429 \$15.34 BOX QTY: 10 PC/CTN



It is made from premium organic cocoa grown in Central America. The combination of cocoa mass for creamy flavour and cocoa butter for easier melting makes it ideal for any recipe that requires chocolate. The perfect choice for making indulgent desserts!

CHEF'S CHOICE - SUPERFOOD 68









\$1.78

**CERTIFIED ORGANIC** FOUR BEAN SALAD IN WATER 400g

PRODUCT CODE: CANB006U DIMENSION: L:7.5 x H:10.8 cms

EAN13: 9339337003073

ITF14: 19339337003070 BOX QTY: 12 PC/CTN

**CERTIFIED ORGANIC** 

**RED KIDNEY BEANS IN WATER 400g** 



PRODUCT CODE: CANB011U

EAN13: 9339337003080

ITF14: 19339337003087

BOX QTY: 12 PC/CTN

DIMENSION: L:7.5 x H:10.8 cms

Secan (100 GM) (110 G

**CERTIFIED ORGANIC BAKED BEANS IN TOMATO SAUCE 400g** 

\$1.78

PRODUCT CODE: CANB009U DIMENSION: L:7.5 x H:10.8 cms

EAN13: 9339337003042

ITF14: 19339337003049

BOX QTY: 12 PC/CTN

CERTIFIED ORGANIC

**BUTTER BEANS IN WATER 400g** 

BLACK

**CERTIFIED ORGANIC** 

WHITE CANNELLONI BEANS IN WATER 400g

WHITE CANNELLIN

> BEANS - IN WATER

> > \$1.78

PRODUCT CODE: CANB007U DIMENSION: L:7.5 x H:10.8 cms

CERTIFIED ORGANIC

**BLACK BEANS IN WATER 400g** 

EAN13: 9339337002991

ITF14: 19339337002998 BOX QTY: 12 PC/CTN

PRODUCT CODE: CANB002U DIMENSION: L:7.5 x H:10.8 cms FAN13: 9339337003110 ITF14: 19339337003117



BOX QTY: 12 PC/CTN 🮯 🙆 📎 🕅











**BROWN LENTILS IN WATER 400g** 



EAN13: 9339337003066 ITF14: 19339337003063 BOX QTY: 12 PC/CTN \$1.78

PRODUCT CODE: CANB010U DIMENSION: L:7.5 x H:10.8 cms



CERTIFIED ORGANIC **CHICKPEAS IN WATER 400g** 

PEELED SPLIT MUNG BEANS 500g

## **CERTIFIED ORGANIC GREEN SPLIT PEAS 500g**



PRODUCT CODE: BEAN023 DIMENSION: L:16 x W:7.5 x H:23 cms EAN13: 9339337302619 ITF14: 19339337302616 BOX QTY: 10 PC/CTN



Chef's Choice Certified Organic Peeled Split Mung Beans are traditionally used in Asian and Indian dishes. They are a healthy and inexpensive addition to any diet. When cooked, mung beans can be eaten plain or with spices and vegetables.

PRODUCT CODE: BEAN016

EAN13: 9339337009341

ITF14: 19339337009348

BOX QTY: 10 PC/CTN

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DIMENSION: L:15 x W:6 x H:22 cms

**CERTIFIED ORGANIC** 

\$5.68 

Chef's Choice Certified Organic Green Split Peas have a mild, earthy flavour, soft texture and are easy to prepare - no need to presoak. These tiny delicacies have nutritional benefits and are great to have as part of a healthy lifestyle. Delicious in soups, stews, salads, curries, dahl or as a simple side dish.



**CERTIFIED ORGANIC BLACK TURTLE BEANS 500g** 



PRODUCT CODE: BEAN004 DIMENSION: L:16 x W:7.5 x H:22 cms EAN13: 9339337000256 ITF14: 19339337000253 BOX QTY: 10 PC/CTN **\$4.54** 



Black Turtle Beans are are known to have a few different names around the globe. They are used in a variety of dishes but are known to be a staple ingredient in Latin American cuisine. Because of their meaty texture, they frequently appear in classic dishes and work perfectly in stews, sauces, salads and side dishes!



\$4.19

#### AUSTRALIAN **ALL NATURAL CHICKPEA 500g**



PRODUCT CODE: BEAN009 DIMENSION: L:16 x W:7.5 x H:23 cms EAN13: 9339337002489 ITF14: 19339337002486 BOX QTY: 10 PC/CTN \$4.19



Chef's Choice All Natural Chickpeas are proudly grown in Australia and are a versatile ingredient of many dishes and cuisines. As they absorb a lot of flavour, they can be made into delicious dips like hummus or be added into a warm hearty soup, or simply add them into your salads or side dishes for a boost of protein!



**CERTIFIED ORGANIC RED SPLIT LENTILS 500g** 



PRODUCT CODE: BEAN021 DIMENSION: L:16 x W:7.5 x H:23 cms EAN13: 9339337302626 ITF14: 19339337302623 \$3.98 BOX QTY: 10 PC/CTN



Chef's Choice Certified Organic Red Split Lentils are colourful and have a earthy, nutty flavour and aroma. They are simple and easy to use and provide a lot of nutritional value! Because of their versatility, they can be used in a variety of dishes and cuisines from around the world!

**CERTIFIED ORGANIC GREEN LENTILS 500g** 



PRODUCT CODE: BEAN022 DIMENSION: L:16 x W:7.5 x H:23 cms EAN13: 9339337302633 ITF14: 19339337302630 \$5.25 BOX QTY: 10 PC/CTN



Chef's Choice Certified Organic Green Lentils are colourful and have a mild earthy flavour and nutty aroma. A perfect, hassle-free addition to any meal and is a must have in all kitchen cupboards. Lentils are easy to cook and contain plenty of nutritious benefits and is great as part of a healthy diet.

**CERTIFIED ORGANIC** FRENCH STYLE GREEN LENTILS 500g



PRODUCT CODE: BEAN015 DIMENSION: L:16 x W:7.5 x H:23 cms EAN13: 9339337008139 ITF14: 19339337008136 **\$5.68** BOX QTY: 10 PC/CTN

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*Chef's Choice* Certified Organic French Style Green Lentils have firm texture and an irresistible nutty taste. A dietary staple throughout in many regions, green lentils work perfectly as a healthy side dish. Perfect for salads, soup, curries, dahl and pilafs.

AUSTRALIAN **RED SPLIT LENTILS 1kg** 



PRODUCT CODE: BEAN018 DIMENSION: L:16 x W:8 x H:21.5 cms EAN13: 9339337301230 ITF14: 19339337301237 **\$4.40** BOX QTY: 10 PC/CTN



Chef's Choice Australian Red Split Lentils are the finest red lentils from local Australian farms with earthy flavours. They are simple and easy to add to your cooking and can provide additional nutritional value into dishes! Because of their versatility, they can be used in a variety of dishes and cuisines from around the world!

Chef's Choice Green Lentils deliver the highest quality lentils for the most nutritious and delicious taste. With virtually no fat, low in calories and high in protein and fibre, this delicacy has been proven to lower cholesterol, increase energy and assist in weight loss. A perfect, hassle-free addition to any meal that is a must have in all kitchen cupboards.

EAN13: 9339337301308

ITF14: 19339337301305

BOX QTY: 10 PC/CTN

PETITE LENTILLE VERTE (SMALL GREEN LENTILS) - 500g



PRODUCT CODE: BEAN006 DIMENSION: L:16 x W:7.5 x H:23 cms EAN13: 9339337000652 ITF14: 19339337000659 \$5.40 BOX QTY: 10 PC/CTN



Lentils have similar health benefits as common beans. Renowned for their deep nutty flavour and holding their shape when cooked. These lentils are perfect for salads or as a bedding for meat or fish

# **GREEN LENTILS 1kg**



71 CHEF'S CHOICE - LEGUMES

# AUSTRALIAN

PRODUCT CODE: BEAN019 DIMENSION: L:16 x W:8 x H:21.5 cms

**\$4.40** 

### **CERTIFIED ORGANIC BELUGA LENTILS 500g**



PRODUCT CODE: BEAN013 DIMENSION: L:16 x W:7.5 x H:23 cms EAN13: 9339337006500 ITF14: 19339337006507 BOX QTY: 10 PC/CTN

\$5.81



They are tiny black lentils with have a hearty, earthy flavour and soft texture. They are high in fibre, protein and nutrition making them perfect for vegetarian dishes and a great meat alternative. They can absorb different flavours making them great in stews, soups, and salads or served with rice.



Our Chef's Choice dahls recipe have been developed by a qualified chef. Chef's Choice dahls are developed for busy people who want healthy options. Chef's Choice scour the world to find the healthiest tastiest foods for you. Quick, simple and tasty! Best of all healthy! From our kitchen to yours!

**SIMPLE DAHL** 

180g



**SOUTH INDIAN STYLE** 

**COCONUT DAHL 170g** 

PRODUCT CODE: SOUP005 DIMENSION: L:12.5 x W:6 x H:23 cms EAN13: 9339337002816 ITF14: 19339337002813 BOX QTY: 15 PC/CTN **\$4.40** 



SIMPL

PRODUCT CODE: SOUP003 DIMENSION: L:12.5 x W:6 x H:23 cms EAN13: 9339337002380 ITF14: 19339337002387 BOX QTY: 15 PC/CTN **\$4.40** 









**CURRY DAHL** 

170g

PRODUCT CODE: SOUP007 DIMENSION: L:12.5 x W:6 x H:23 cms EAN13: 9339337002403 ITF14: 19339337002400 BOX QTY: 15 PC/CTN **\$4.40** S



**EXPRESS SPANISH SEASONED** PAELLA BOMBA RICE 200g

**CERTIFIED ORGANIC** EXPRESS PERSIAN SPICED BASMATI RICE 200g



PRODUCT CODE: EXPL0002 DIMENSION: L:12.3 x W:6 x H:23 cms EAN13: 9339337003899 ITF14: 19339337003896 BOX QTY: 15 PC/CTN \$4.62



It has been developed by a qualified chef to deliver the authentic flavour of Spanish Paella. The blend of saffron and Spanish paprika we have included along with the gourmet flavours and spices incorporated in this rice, works magnificently with any paella you wish to bring to the table.



PRODUCT CODE: EXPL0001 DIMENSION: L:12.5 x W:6 x H:23 cms EAN13: 9339337003882 ITF14: 19339337003889 BOX QTY: 15 PC/CTN



It has been developed by a qualified chef to deliver the authentic flavour of Persian rice. The blend of saffron and Spanish paprika, that we have included, gives this rice a beautiful colour and presentation making it an excellent side dish to accompany any main meal.

## **EXPRESS FOREST** MUSHROOM RISOTTO 200g



PRODUCT CODE: EXPL0003 DIMENSION: L:12.5 x W:6 x H:23 cms EAN13: 9339337003967 ITF14: 19339337003964 BOX QTY: 15 PC/CTN



\$4.62

It has been developed by a qualified chef to deliver a delicious risotto with rich premium mushroom flavours. By using only the finest mushrooms sourced from around the world.







PRODUCT CODE: EXPL0006 DIMENSION: L:12.5 x W:6 x H:23 cms EAN13: 9339337006593 ITF14: 19339337006590 BOX QTY: 15 PC/CTN \$4.54



It has been developed by a qualified chef to deliver the authentic flavour of Morocco. The blend of saffron and Spanish paprika, that we have included, gives the couscous a beautiful colour and presentation making it an excellent side dish to accompany any main meal.

CHEF'S CHOICE - EXPRESS 74



**CERTIFIED ORGANIC** WHITE BASMATI RICE 1kg



PRODUCT CODE: RICE041 DIMENSION: L:17.5 x W:8 x H:26 cms EAN13: 9339337300172 ITF14: 19339337300179 BOX QTY: 10 PC/CTN



Chef's Choice Certified Organic Basmati White Rice is an aromatic long grain white rice with a subtle nutty flavour and fine texture. Use Basmati rice as a perfect side dish with soups, stews, pilafs, casseroles and curries.

**CERTIFIED ORGANIC BROWN BASMATI RICE 1kg** 



PRODUCT CODE: RICE039 DIMENSION: L:19.5 x W:10 x H:24 cms EAN13: 9339337304859 ITF14: 19339337304856 BOX QTY: 10 PC/CTN



Chef's Choice Certified Organic Basmati Brown Rice is delightful not only for its flavour, but for its fragrance and texture. It is a delicious and healthy alternative to white rice. Basmati rice can be used in a variety of recipes such as biriyani, fried rice, pilafs, salads and stir-fries or served as a side dish with dahls, curries and other various main dishes.



**JASMINE RICE 1kg** 

PRODUCT CODE: RICE054 DIMENSION: L:16 x W:8 x H:22 cms EAN13: 9339337300462 ITF14: 19339337300469 BOX QTY: 10 PC/CTN



Chef's Choice Certified Organic Jasmine Rice is a fragrant, versatile, long grain rice with a nutty sweet flavour and soft texture. Perfect for rice dishes such as fried rice and pilafs or use as a side dish with soups, stews, casseroles and curries.

**CERTIFIED ORGANIC BASMATI AROMATIC RICE 500g** 



PRODUCT CODE: RICE040 DIMENSION: L:16 x W:7 x H:23 cms EAN13: 9339337003783 ITF14: 19339337003780 BOX QTY: 10 PC/CTN

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\$4.55 **(3)** KA

It is delightful not only for its flavour, but for its fragrance. Basmati rice is a unique species of rice originating from India and it has its own special aroma. Basmati is excellent for keeping your system in good health.

> **CERTIFIED ORGANIC BROWN RICE MEDIUM-GRAIN 500g**

**ARBORIO RICE** 500g



PRODUCT CODE: RICE002 DIMENSION: L:16 x W:7.5 x H:23 cms EAN13: 9339337000577 ITF14: 19339337000574 BOX QTY: 10 PC/CTN \$5.22



Chef's Choice Certified Organic Red Rice is a whole grain, medium rice that has a great aroma and nutty flavour. It can be served as a side dish with a variety of foods or it can be incorporated into risotto and other mixed rice dishes as well. It is considered a healthy staple for people of all ages for its nutritious values and health benefits.



DIMENSION: L:15 x W:6 x H:22 cms EAN13: 9339337304187 ITF14: 19339337304184 BOX QTY: 10 PC/CTN



Chef's Choice Arborio Rice is an oval shaped, medium to long grain rice, which develops a creamy texture and nutty fl avour whilst cooking. It has the ability to absorb a lot of cooking liquid and is an excellent choice for risotto dishes but can also be used in Spanish paellas or other creamy Mediterranean recipes, soups and rice puddings.



\$5.07

WILD RICE 150g



PRODUCT CODE: RICE020 DIMENSION: L:10 x W:4 x H:20.5 cms EAN13: 9339337001482 ITF14: 19339337001489 BOX QTY: 15 PC/CTN \$5.22



Grade A Wild Rice is known as Extra-Fancy, Grade A Wild Rice has dark, glossy grains in varying lengths that turn a deep brown colour when cooked. Cultivated in Minnesota, this wild rice offers a heady, roasted flavour.

#### **ARROZ LA MARJAL SPANISH PAELLA RICE 500g**



PRODUCT CODE: RICE011 DIMENSION: L:16 x W:7.5 x H:23 cms EAN13: 9339337001444 ITF14: 19339337001441 BOX QTY: 10 PC/CTN \$5.52



As with any Spanish rice dish, it's extremely important to start with the right rice. While not quite as premium as our 'Bomba' rice, which should be considered the finest in Spain, our 'La Marjal' rice is still very good rice. When it cooked, the grains remain separate and do not stick together.





PRODUCT CODE: RICE010 DIMENSION: L:16 x W:7.5 x H:23 cms EAN13: 9339337001413 ITF14: 19339337001410 BOX QTY: 10 PC/CTN \$6.10



Chef's Choice Arroz Bomba Spanish Paella Rice is the best rice for paella. Bomba absorbs three times its volume in broth and remains firm and delicious which means it is able to absorb more succulent flavours making your paella recipe even more special. When cooked, the grains remain separate and do not stick together. Bomba is the rice prized by chefs in Spain; it's the best of the best.

## **CERTIFIED ORGANIC BLACK RICE** 500g / 1kg



PRODUCT CODE: RICE042 DIMENSION: L:16 x W:7.5 x H:23 cms \$5.44 / 500g EAN13: 9339337004094 ITF14: 19339337004091 BOX QTY: 10 PC/CTN

\$9.99 / 1kg



Chef's Choice Certified Organic Black Rice has a sweet, alluring aroma with a nutty taste, soft texture and a striking colour, sure to be the wow factor in any dish. Black rice was considered an indulgence, but we now bring to you wholesome rice that can be enjoyed everyday in many different ways. It can be used in salads, as a side dish, paired with your main or be enjoyed as a pudding for your dessert. There are so many ways to enjoy this nutritious rice.

> **CARNAROLI RISOTTO RICE** 500g



PRODUCT CODE: RICE005 DIMENSION: L:15 x W:6 x H:22 cms EAN13: 9339337004643 ITF14: 19339337004640 BOX QTY: 10 PC/CTN \$5.07



Chef's Choice Carnaroli Risotto Rice is a superior medium grain Italian rice and is also known as 'king of rices'. It is highly prized by chefs across the world for its creamy and delicious texture and intense flavour. Carnaroli Rice is also great for paella, sushi, puddings or salads and can be prepared like traditional rice.



Our Chef's Choice Certified Organic Quinoa is an ancient superfood that contains more nutritional benefits and essential amino acids than any other seed. Quinoa can easily be cooked just like rice as it has a light, fluffy texture and slightly nutty flavour when cooked. This versatile ingredient can be added to any meal or recipe. Try in bread, muffins, cakes, yoghurt, soup or salad.



**CERTIFIED ORGANIC** 

WHITE QUINOA

#### 500g

PRODUCT CODE: QUINOA003 **DIMENSION:** L:16 x W:7 x H:23 cms EAN13: 9339337000201 ITF14: 19339337000208 BOX QTY: 10 PC/CTN

PRODUCT CODE: QUINOA013 DIMENSION: L:16 x W:7.5 x H:23 cms EAN13: 9339337003875 ITF14: 19339337003872 BOX QTY: 10 PC/CTN







500q PRODUCT CODE: QUINOA004 **DIMENSION:** L:16 x W:7 x H:23 cms EAN13: 9339337000218 ITF14: 19339337000215 BOX QTY: 10 PC/CTN

#### 1kg PRODUCT CODE: QUINOA001 **DIMENSION:** L:16 x W:7.5 x H:23 cms EAN13: 9339337004858

ITF14: 19339337004855 BOX QTY: 10 PC/CTN



**CERTIFIED ORGANIC BLACK QUINOA** 

\$8.73



500g PRODUCT CODE: QUINOA007 DIMENSION: L:16 x W:7 x H:23 cms EAN13: 9339337001475 ITF14: 19339337001472 BOX QTY: 10 PC/CTN

1kg PRODUCT CODE: QUINOA002 DIMENSION: L:16 x W:7.5 x H:23 cms EAN13: 9339337005152 ITF14: 19339337005159 BOX QTY: 10 PC/CTN



**CERTIFIED ORGANIC** 3 MIX QUINOA 500g

## \$7.24



Chefs chine CERTIFIED ORGANIC

PRODUCT CODE: QUINOA009 DIMENSION: L:19 x W:11 x H:25 cms EAN13: 9339337004865 ITF14: 19339337004862

PRODUCT CODE: QUINOA006 DIMENSION: L:16 x W:7 x H:23 cms EAN13: 9339337000706 ITF14: 19339337000703 BOX QTY: 10 PC/CTN

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BOX QTY: 10 PC/CTN  $\bigotimes$ KA

Chef's Choice Certified Organic Quinoa Flakes are made with 100% organic guinoa and has a delicious nutty flavour. Quinoa flakes are nutritious and are a great alternative to rolled oats and wheat. They can be added to breakfast cereals and muesli, or cooked into a delicious and nutritious porridge.

> **CERTIFIED ORGANIC QUINOA FLAKES 300g**



PRODUCT CODE: QUINOA018 DIMENSION: L:16 x W:7.5 x H:23 cms EAN13: 9339337004070 ITF14: 19339337004077 BOX QTY: 10 PC/CTN

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*Chef's Choice* Certified Organic Quinoa Flakes are made with 100% organic quinoa and has a delicious nutty flavour. Quinoa flakes are nutritious and are a great alternative to rolled oats and wheat. They can be added to breakfast cereals and muesli, or cooked into a delicious and nutritious porridge.

## **CERTIFIED ORGANIC** 3 MIX QUINOA 1kg



**\$9.23** 



#### CERTIFIED ORGANIC BUCKWHEAT KERNELS 500g



PRODUCT CODE: BUCKWHEAT004 DIMENSION: L:16 x W:7.5 x H:23 cms EAN13: 9339337001161 ITF14: 19339337001168 BOX OTY: 10 PC/CTN \$4.62



Buckwheat is loaded with nutrients, especially protein, and it has a nutty, earthy flavor. It's most commonly ground into a dark, gritty flour and used to make everything from pancakes to soba noodles. Eastern Europeans also like their buckwheat crushed into small groats, which they toast in oil and use to make side dishes and breakfast cereals.

CERTIFIED ORGANIC POPPING CORN 500g



PRODUCT CODE: CORN004 DIMENSION: L:16 x W:7.5 x H:23 cms EAN13: 9339337001178 ITF14: 19339337001175 BOX QTY: 10 PC/CTN \$4.62



Did you know that popcorn is one of the healthiest, and tastiest, snacks around? It's a whole grain food that's low in calories and fat and it's a complex carbohydrate. Popcorn is also high in fibre and 100% natural.

## PREMIUM SELECTED AUSTRALIAN ROASTED FREEKEH WHOLE GRAIN 500g



PRODUCT CODE: FREEKEH003U DIMENSION: L:16 x W:7.5 x H:23 cms EAN13: 9339337007941 ITF14: 19339337007948 BOX QTY: 10 PC/CTN

6 (KA)

**\$4.99** 

It is made from Australian grown durum wheat and is a versatile superfood packed with nutrition and health benefits. It's quick and easy to prepare and is a great addition to tasty salads, breakfast cereals, soups, casseroles and more.

#### PREMIUM SELECTED AUSTRALIAN ROASTED FREEKEH CRACKED 500g



PRODUCT CODE: FREEKEH004U DIMENSION: L:16 x W:7.5 x H:23 cms EAN13: 9339337007934 ITF14: 19339337007931 BOX QTY: 10 PC/CTN



It is made from Australian grown durum wheat and is a versatile superfood packed with nutrition and health benefits. It's quick and easy to prepare and is a great addition to tasty salads, breakfast cereals, soups, casseroles and more.

#### **CERTIFIED ORGANIC HULLED MILLET 500g**



PRODUCT CODE: MILLET002 DIMENSION: L:16 x W:7.5 x H:23 cms EAN13: 9339337001246 ITF14: 19339337001243 BOX QTY: 10 PC/CTN



Millet is highly nutritious, non-glutinous and like buckwheat and quinoa, is not an acid forming food so is soothing and easy to digest. In fact, it is considered to be one of the least allergenic and most digestible grains available and it is a warming grain so will help to heat the body in cold or rainy seasons and climates.

> **CERTIFIED ORGANIC** PEARL BARLEY 500g



PRODUCT CODE: BARLEY003 DIMENSION: L:16 x W:7.5 x H:23 cms EAN13: 9339337001604 ITF14: 19339337001601 BOX QTY: 10 PC/CTN



Add to soups and casseroles (may need to pre-cook). Cook together with rice or as a rice substitute or Precook and add to baked goods. - To make a porridge. Add to soups (traditionally beef or vegetable) and casseroles and cook and serve as a simple side dish or pilaf.

#### **PREMIUM SELECTED BLACK BARLEY 500g**



PRODUCT CODE: GRAIN001 DIMENSION: L:16 x W:7.5 x H:23 cms EAN13: 9339337006678 ITF14: 19339337006675 BOX QTY: 10 PC/CTN



Delicious grain that is highly nutritious and contains a high amount of protein and fibre. Perfect addition to a range of breakfast cereals, mueslis and granolas and also tastes great when combined with yummy soups, stews and breads. It is also a great substitute for rice when used in risottos

\$6.56

**CERTIFIED ORGANIC** YELLOW POLENTA 500g



PRODUCT CODE: POLE002 DIMENSION: L:16 x W:7.5 x H:23 cms EAN13: 9339337003189 ITF14: 19339337003186 BOX QTY: 10 PC/CTN

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Chef's Choice Certified Organic Yellow Polenta is made by grinding corn and has a rich yellow colour with a slightly sweet flavour. Polenta is a staple ingredient in Italian households and can be cooked to be creamy and thick or allowed to set and then sliced. Polenta is an easy and delicious way to enjoy a healthy hearty meal and uncooked polenta can be used as an alternative to flour in cakes, biscuits and pastries too!

#### **AUSTRALIAN ROASTED FARRO 500g**



PRODUCT CODE: RICE032 DIMENSION: L:16 x W:7.5 x H:23 cms EAN13: 9339337001918 ITF14: 19339337001915 BOX QTY: 10 PC/CTN

\$5.59 S (KA)

Chef's Choice Roasted Farro is a delicious, highly nutritious grain made from roasted green wheat. It is 100% natural therefore it is free from any additives, it is low GI and low in carbohydrates. This product has a fine nutty flavour and is very easy to cook, making it a perfect ingredient to use in a variety of dishes. As it is a good source of protein and fibre, adding this to your diet is a simple and delicious way to be nutritious. An absolute delight for use in salads, soups, as a side dish, or as a substitute for pasta and rice. Enjoy this superfood with your family for your healthy life!

#### **PREMIUM SELECTED** MOGHRABIEH COUSCOUS 500g



PRODUCT CODE: COUSCOUS018 DIMENSION: L:16 x W:7.5 x H:23 cms EAN13: 9339337005039 ITF14: 19339337005036 BOX QTY: 10 PC/CTN \$4.12

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It is the Lebanese equivalent of couscous. Moghrabieh is used in many traditional Middle-Eastern and Arabian dishes. It can be incorporated into tagines for a hearty and flavoursome final dish.

#### **CERTIFIED ORGANIC PSYLLIUM HUSK 250g**



PRODUCT CODE: PSY002 DIMENSION: L:16 x W:7.5 x H:23 cms EAN13: 9339337007408 ITF14: 19339337007405 BOX QTY: 10 PC/CTN



\$8.09+GST

It comes from the Psyllium seeds and is an excellent source of dietary fibre and helps maintain a healthy digestive system. They're used to relieve constipation, irritable bowel syndrome and diarrhoea. Psyllium husk is odourless and almost tasteless so they can be added to juice, water and smoothies, sprinkled on cereals or used in baking.

#### **CERTIFIED ORGANIC** FRENCH WHOLE WHEAT COUSCOUS 500g



PRODUCT CODE: COUSCOUS005 DIMENSION: L:16 x W:7.5 x H:23 cms EAN13: 9339337000676 ITF14: 19339337000673 BOX QTY: 10 PC/CTN





Chef's Choice Certified Organic French Whole Wheat Couscous is easy to prepare, making it a staple product in many Australian kitchens. Couscous can be enjoyed in place of rice, pasta and potatoes, and is particularly delicious because it soaks up all the flavour of the liquid that you pair it with.

CHEF'S CHOICE - GRAIN 84



TRICOLOUR ISRAELI PEARL COUSCOUS 500g



PRODUCT CODE: COUSCOUS022 DIMENSION: L:16 x W:7.5 x H:23 cms EAN13: 9339337007781 ITF14: 19339337007788 BOX QTY: 10 PC/CTN \$5.04



It has a slightly chewy texture and nutty flavour. Like other couscous, it takes on flavours easily and suitable to many dishes so you can create various desired flavours using herbs and seasonings!





PRODUCT CODE: COUSCOUS012 DIMENSION: L:16 x W:7.5 x H:23 cms EAN13: 9339337001925 ITF14: 19339337001922 BOX QTY: 10 PC/CTN \$5.04



## **FRENCH ORIGINAL GOURMET** COUSCOUS 500g



PRODUCT CODE: COUSCOUS002 DIMENSION: L:16 x W:7.5 x H:23 cms EAN13: 9339337000485 ITF14: 19339337000482 BOX QTY: 10 PC/CTN \$3.91

Chef's Choice French Original Gourmet Couscous is easy to prepare, making it a staple product in many Australian kitchens. Couscous can be enjoyed in place of rice, pasta and potatoes, and is particularly delicious because it soaks up all the fl avour of the liquid that you pair it with.

> **ISRAELI PEARL** COUSCOUS 1kg



PRODUCT CODE: COUSCOUS023 DIMENSION: L:13 x W:5 x H:27 cms EAN13: 9339337004834 ITF14: 19339337004831 BOX QTY: 10 PC/CTN \$7.74

It is tiny, round, toasted that has a slightly chewy texture, and because it's toasted, it has a slightly nutty flavour too. Like other couscous, this takes on flavours easily and adapts well to many dishes so you can create your desired flavours using herbs and seasonings!

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# COUSCOUS 500g

**ISRAELI WHOLE WHEAT PEARL** 

PRODUCT CODE: COUSCOUS013 DIMENSION: L:16 x W:7.5 x H:23 cms EAN13: 9339337001932 ITF14: 19339337001939 BOX QTY: 10 PC/CTN \$5.18  ${}$ KA

It is a tiny, round, toasted variety of pasta that has a chewy texture with a slightly nutty flavour. Like other couscous, it absorbs flavours easily and can be used as a bed for stew, meat or vegetables or add it to soups, salads, pilafs and more!

#### **CERTIFIED ORGANIC CHICKPEA COUSCOUS 500g**

ALL NATURAL SOUP MIX 5 BLEND 500g



PRODUCT CODE: COUSCOUS029 DIMENSION: L:16 x W:7.5 x H:23 cms

\$6.96

PRODUCT CODE: SOUP015 DIMENSION: L:16 x W:7.5 x H:23 cms EAN13: 9339337008368 ITF14: 19339337008365 BOX QTY: 10 PC/CTN



Chef's Choice Certified Organic Chickpea Couscous is easy to prepare, making it a staple product in many kitchens. Couscous can be enjoyed in place of rice, pasta and potatoes, and is particularly delicious because it soaks up all the flavour of the liquid that you pair it with.

EAN13: 9339337303272

ITF14: 19339337303279

BOX QTY: 10 PC/CTN

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It is made from a quality blend of ingredients. We've combined pearl barley, green and yellow split peas and lentils to produce a hearty and nutritious soup filled with fibre and protein that tastes great.

**CERTIFIED ORGANIC** 5 EARTH BLEND 500g



PRODUCT CODE: RICE035 DIMENSION: L:16 x W:7.5 x H:23 cms EAN13: 9339337006579 ITF14: 19339337006576 BOX QTY: 10 PC/CTN \$5.67







\$3.98





PREMIUM OYSTER SAUCE 300ml



PRODUCT CODE: SAUCE048U DIMENSION: L:6.3 x H:18.7 cms EAN13: 9339337007576 ITF14: 19339337007573 BOX QTY: 12 PC/CTN



*Chef's Choice* Oriental Premium Oyster Sauce is an essential ingredient in Asian cooking. This allpurpose seasoning sauce enhances the flavour and appearance of any dish. Great as a dip or use for stir fries and marinades on meat, fish or vegetables. PREMIUM HOISIN SAUCE 300ml



PRODUCT CODE: SAUCE049U DIMENSION: L:6.3 x H:18.7 cms EAN13: 9339337007583 ITF14: 19339337007580 BOX QTY: 12 PC/CTN



Chef's Choice Oriental Premium Hoi Sin Sauce is an essential ingredient in Asian cooking. This versatile sauce can be used as a marinade on chicken, seafood and beef or on stir-fries with vegetables. It can also be used as a dipping sauce on Peking duck and springs rolls.

PREMIUM FISH SAUCE 300ml



PRODUCT CODE: SAUCE047U DIMENSION: L:5.8 x H:22.7 cms EAN13: 9339337007569 ITF14: 19339337007566 BOX QTY: 12 PC/CTN

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Chef's Choice Oriental Premium Fish Sauce is a great way to pack flavour into your Asian dishes. Blends well with vegetables, seafood, chicken or beef and can be used for stir-fries, salad dressings, dipping sauces and more. PREMIUM SUSHI KIT 550g



PRODUCT CODE: SUSHI001 DIMENSION: L:25 x W:71 x H:66 cms EAN13: 9339337304842 ITF14: 19339337304849

BOX QTY: 8 PC/CTN

*Chef's Choice* Premium Sushi Kit contains all the ingredients you need to make the perfect big sushi rolls or mini sushi rolls. With the addition of a few fresh ingredients, you will soon be enjoying quality sushi rolls in your own home.



**CERTIFIED ORGANIC** SOY SAUCE 250ml



PRODUCT CODE: KJP0112 DIMENSION: L:6 x H:20 cms EAN13: 9339337307676 ITF14: 19339337307673 BOX QTY: 12 PC/CTN



Kura Certified Organic Premium Soy Sauce is naturally fermented from organic soya beans with the traditional brewing and flavour of Japan! An authentic soy sauce that is just perfect for everyday use to enhance all your favourite dishes!

**CERTIFIED ORGANIC GLUTEN FREE SOY SAUCE 250ml** 





PRODUCT CODE: KJP0114 DIMENSION: L:6 x H:20 cms EAN13: 9339337307669 ITF14: 19339337307666 BOX QTY: 12 PC/CTN



Kura Certified Organic Gluten-Free Soy Sauce is natural and traditionally fermented from organic soya beans, whilst especially made gluten-free! This authentic Japanese soy sauce is perfect in simmered dishes, stir fry, marinades, salad dressings and more!







PRODUCT CODE: KJP0113 DIMENSION: L:6 x H:20 cms EAN13: 9339337307645 ITF14: 19339337307642 BOX QTY: 12 PC/CTN

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Kura Certified Organic Reduced Salt Soy Sauce is natural and traditionally fermented from organic soya beans, whilst perfect for a low sodium preference with no loss of authenticity. Just perfect in simmered dishes, stir fry, marinades, salad dressings and more!

**TERIYAKI SAUCE 250ml** 

PREMIUM





PRODUCT CODE: KJP010 DIMENSION: L:6 x H:20 cms EAN13: 9339337307720 ITF14: 19339337307727 BOX QTY: 12 PC/CTN

Kura Premium Teriyaki Sauce has a nice balance of sweet and salty flavours, making it perfect to use as a marinade for meats or as a sauce base for stir fries. With no added preservatives, you can enjoy this flavourful sauce that will bring a rich taste to your favourite dishes.

**CERTIFIED ORGANIC** 

SUSHI VINEGAR 250ml

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VINEGAR

Kura Certified Organic Sushi Vinegar is the perfect seasoning for authentic sushi rice. It is traditionally

fermented with premium rice whilst blended with salt

and sugar. With a less acidic taste than most vinegar, it's

delicate and sweet flavour is also versatile and excellent

in stir fry, salad dressings and marinades.

PRODUCT CODE: KJP0102

DIMENSION: L:6 x H:20 cms

EAN13: 9339337307201

ITF14: 19339337307208

BOX QTY: 12 PC/CTN

\$3.69

Kura Premium Ponzu Citrus Sauce is the perfectly flavoured citrusy and tangy condiment, giving a light and delicate taste when used as a dipping sauce or marinade. This essential Japanese staple is the absolute pair for gyoza, meats, fish and veggies for that punchy, refreshing flavour.

> PREMIUM MIRIN 250ml

EAN13: 9339337307638

ITF14: 19339337307635

BOX QTY: 12 PC/CTN



PRODUCT CODE: KJP0111 DIMENSION: L:6 x H:20 cms EAN13: 9339337307621 ITF14: 19339337307628 BOX QTY: 12 PC/CTN



Kura Mirin has a uniquely sweet and slightly tangy flavour. Cook it with a saltier base, and you'll have the key to that distinct umami flavour in Japanese cuisine! Create beautiful fusions in all your favourite simmered dishes, soups, salads and more.

# \$4.12



DIMENSION: L:6 x H:20 cms



#### **CERTIFIED ORGANIC TAMARI SOY SAUCE 250ml**

\$3.69



PRODUCT CODE: KJP0103 DIMENSION: L:6 x H:20 cms EAN13: 9339337307195 ITF14: 19339337307192 BOX QTY: 12 PC/CTN



Kura Certified Organic Tamari Soy sauce is naturally fermented from organic soya beans; the traditional processing and authentic Japanese style soy sauce! Naturally gluten and wheat-free; its exquisite flavour is highly enjoyed to enhance sauces, marinades, stir fry, and any dishes you please!

#### **CERTIFIED ORGANIC RICE VINEGAR 250ml**

\$3.69



PRODUCT CODE: KJP0101 DIMENSION: L:6 x H:20 cms EAN13: 9339337307218 ITF14: 19339337307215 BOX QTY: 12 PC/CTN



*Kura* Certified Organic White Rice Vinegar is traditionally brewed through the fermentation of premium rice. With a less acidic flavour than most vinegar, it's delicate, mildly sweet and natural flavour is perfectly versatile for stir fry, salad dressings, marinades and all recipes requiring vinegar!

**KURA** - JAPANESE SAUCE **90** 

WASABI PASTE 43g

\$2.70



PRODUCT CODE: KJP0106 DIMENSION: L:3.8 x W:2.7 x H:14.5 cms EAN13: 9339337307171 ITF14: 19339337307178 (Inner Carton) BOX QTY: 10 PC/CTN



Kura Wasabi Paste has the unique Japanese flavour of Wasabi Japonica. This mildly spicy horseradish condiment is enjoyed with sushi, sashimi or added for extra flavour to salads, dressings and dips.

> JAPANESE STYLE SUSHI RICE 500g



PRODUCT CODE: KJP016 DIMENSION: L:15 x W:7 x H:22 cms EAN13: 9339337308093 ITF14: 19339337308090 \$4.17 BOX QTY: 10 PC/CTN



Kura Short Grain Sushi Rice is a premium grade Japanese style short grain rice. When cooked, this rice has a great consistency, making it easy to eat with chopsticks and ideal for all types of sushi or simply with any Japanese dishes.

#### **BAMBOO SUSHI MAT** 24 x 24 cms



PRODUCT CODE: KJP002 DIMENSION: L:6.8 x W:1.2 x H:27.5 cms EAN13: 9339337305795 ITF14: 29339337305799 (Tray case) BOX QTY: 10 PC/CTN

Kura Bamboo Sushi Mat is made of the highest quality bamboo, simply used to create beautiful homemade sushi.

**JAPANESE STYLE** 

PANKO BREAD CRUMBS 180g

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JAPANESE STYLE PANKO

PRODUCT CODE: KJP017

EAN13: 9339337308109

ITF14: 19339337308106

BOX QTY: 10 PC/CTN

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DIMENSION: L:15 x W:6 x H:23 cms

Kura Panko Bread Crumbs are Japanese style bread

crumbs which create a delicious, crispy and light

coating to your favourite foods as they absorb less oil

than ordinary bread crumbs. It is the perfect coating for

chicken, fish, seafood, meat and vegetables.

\$3.41



🍥 (KA)  ${}$ Kura Certified Organic Sushi Nori is of the highest quality you can buy; classifying as Grade A Gold. Its

#### quality is shown in its dark colour, inhibiting a smooth and rich taste; truly reflecting the flavour of authentic Japanese Nori. Perfect for sushi, handrolls and simply eating as-is! Undeniably delicious!

**CERTIFIED ORGANIC** 

SUSHI NORI 28g

\$3.83

NORI

#### **JAPANESE STYLE TEMPURA BATTER MIX 350**g



PRODUCT CODE: FLOUR048 DIMENSION: L:15 x W:7 x H:22 cms EAN13: 9339337308116 ITF14: 19339337308113 \$3.98 BOX QTY: 10 PC/CTN



Kura Japanese Style Tempura Batter Mix enhances your fried foods with a golden coating that appears light and delicate. With this mix, you'll be able to make greattasting tempura for all of your recipes such as seafood, fish, meat and vegetables.

SEASONING 85g

SEAWEED FURIKAKE



\$3.98



PRODUCT CODE: KJP0126 DIMENSION: L:5 x H:16.5 cms EAN13: 9339337307966 ITF14: 19339337307963 BOX QTY: 12 PC/CTN

Kura Authentic Seaweed Furikake is an authentic Japanese style seasoning that has been specially formulated by a Japanese Chef. Seaweed Furikake can be enjoyed by sprinkling over rice, eggs, salads, or meats to add texture and give an umami taste to any dish.

> SUSHI GINGER NATURAL 190g

# \$3.69



PRODUCT CODE: KJP0108 DIMENSION: L:6.6 x H:8 cms EAN13: 9339337307133 ITF14: 19339337307130 BOX QTY: 12 PC/CTN





PRODUCT CODE: KJP0107 DIMENSION: L:6.6 x H:8 cms EAN13: 9339337307140 ITF14: 19339337307147 BOX QTY: 12 PC/CTN



91 KURA - SUSHI ESSENTIAL

## **BONITO FURIKAKE** SEASONING 80g



DIMENSION: L:5 x H:16.5 cms

PRODUCT CODE: KJP0127

EAN13: 9339337307959

ITF14: 19339337307956

BOX QTY: 12 PC/CTN

flavour to any dish.

#### **ROASTED SESAME DRESSING** 220ml



PRODUCT CODE: KJP029 DIMENSION: L:5.2 x H:18.3 cms EAN13: 9339337308369 ITF14: 19339337308366 BOX QTY: 12 PC/CTN

Kura Authentic Furikake Seasoning Bonito is an authentic Japanese style seasoning that has been specially formulated by a Japanese Chef. Bonito Furikake can be enjoyed by sprinkling over rice, eggs, salads, or meats to enhance flavour and add an umami

Kura Japanese style roasted sesame dressing complements any dish you wish to add it to. From salads, to tofu, to cooked vegetables, meat and fish. It's a must for every pantry!

## **SUSHI GINGER PINK**

\$3.69

190g



DASHI TSUYU

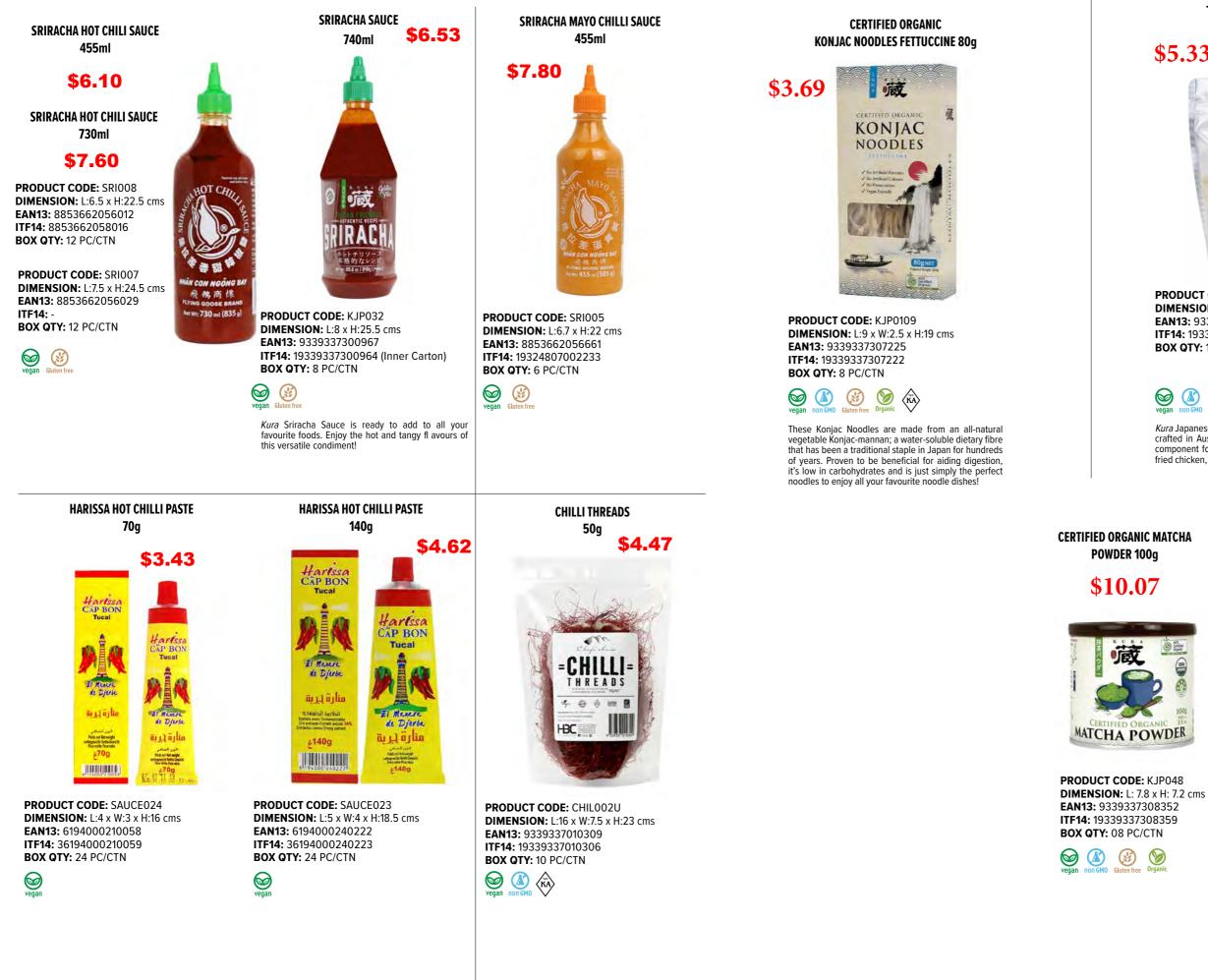
\$4.13

PRODUCT CODE: KJP031 DIMENSION: L:6.6 x H:17.7 cms EAN13: 9339337308406 ITF14: 19339337308403 BOX QTY: 12 PC/CTN



Kura Dashi Tsuyu is a delicious, vegan friendly sauce with dashi (soup stock) made from shiitake mushroom and kombu (kelp). Tsuyu adds extra umami flavour to Japanese cooking and nicely complements noodles, soups, donburi, tempura, teriyaki and much more.

**KURA** - JAPANESE ESSENTIAL **92** 



## JAPANESE KARAAGE MIX **SEASONES FLOUR 500g**

# \$5.33



PRODUCT CODE: KJP047 DIMENSION: L:7.5 x W:15.8 x H:22.5 cms EAN13: 9339337309120 ITF14: 19339337309127 (Inner Carton) BOX QTY: 10 PC/CTN





Kura Japanese Karaage Seasoned Flour Mix is uniquely crafted in Australia with NO MSG, making the perfect component for your make at home Japanese Karaage fried chicken, vegetables, tofu, seafood and more!



Kura Certifi ed Organic Matcha is green tea in its most aromatic form. Ground from the fi nest tea leaves, it inherits a vibrant green colour and smooth, authentic taste from Japan, creating a delicious drink or a perfect addition to your favourite bakes, dressings and sauces.



**CERTIFIED ORGANIC RICE CRACKERS BROWN RICE** 

**CERTIFIED ORGANIC RICE CRACKERS CHEESE AND ONION** 



\$2.27





**CERTIFIED ORGANIC** 

**UDON NOODLES 200g** 

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UDON

PRODUCT CODE: KJP018

EAN13: 9339337305689

BOX QTY: 24 PC/CTN

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Japanese dishes.

DIMENSION: L:7 x W:2 x H:26.5 cms

ITF14: 19339337305686 (Inner Carton)

be served hot or cold for a variety of hearty and authentic

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\$3.83

PRODUCT CODE: KJP037 DIMENSION: L:5 x W:26 x H:8 cms EAN13: 9339337308567 ITF14: 19339337308564 BOX QTY: 12 PC/CTN

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Kura Rice Crackers are Australian Certified Organic and stored in our BRC Certified facility for our customers who appreciate high quality and safe food ingredients. Enjoy them with your favourite dips, cheese or straight from the packet for a snacking!



and flavours. These soft and slightly chewy noodles can be served hot or cold for a variety of hearty and authentic Japanese dishes.



# \$4.19



**MISO PASTE SHIRO 200g** 

PRODUCT CODE: KJP0105 DIMENSION: L:6 x H:10 cms EAN13: 9339337307157 ITF14: 19339337307154 BOX QTY: 12 PC/CTN



Kura Certified Organic Miso Paste Shiro has a beautifully rich umami flavour with soft sweet tones. Consisting of enzymes that aid digestion, it also tenderised meats and fish, and further enjoyed to make soups, dressings, and dipping sauces.

SHICHIMI TOGARASHI **JAPANESE 7 SPICES BLEND 50g** 



PRODUCT CODE: KJP009 DIMENSION: L:3.9 x H:11.3 cms EAN13: 9339337307591 ITF14: 19339337307598 (Inner Carton) BOX QTY: 12 PC/CTN



Kura Shichimi Togarashi is the traditional staple of Japanese cuisine. The perfect trifecta of flavour-heat. citrus and umami is a killer addition to any dishes you please, including all soup, noodle dishes, roast veggies, meats and snacks!

\$3.98

**GREEN TEA NOODLES 200g** 

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GREEN

\$3.83

PRODUCT CODE: KJP013

EAN13: 9339337302152

BOX QTY: 24 PC/CTN

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DIMENSION: L:7 x W:2 x H:26.5 cms

ITF14: 19339337302159 (Inner Carton)

ITF14: 29339337302156 (Outer Carton)

*Kura* Certified Organic Green Tea Noodles are made with the highest quality green tea powder and Australian organic wheat flour. Free from artificial colouring, flavours

and preservatives, these noodles can be enjoyed guilt free.

These noodles can be enjoyed hot or cold, in soups, salads,

in stir fried dishes or alone with a light dipping sauce.





**95KURA** - JAPANESE ESSENTIAL

#### **CERTIFIED ORGANIC RICE CRACKERS ORIGINAL WHITE RICE**

## \$2.27





PRODUCT CODE: KJP038 DIMENSION: L:5 x W:26 x H:8 cms EAN13: 9339337308543 ITF14: 19339337308540 BOX QTY: 12 PC/CTN



colours and flavours. These soft and slightly chewy noodles can be served hot or cold for a variety of hearty and authentic Japanese dishes.

KURA - NOODLE & MISO SOUP 96